

# **Criterion VII – Institutional Values and Best Practices**

**Two best practices successfully implemented  
by the Institution as per NAAC format  
provided in the Manual.**

KGMU, Faculty of Paramedical Sciences U.P., Lucknow

- **Basic life support training programme**
- **Palliative Care Skills Workshop**

KGMU, Faculty of Paramedical Sciences, U.P., Lucknow

# Basic Life Support Workshop(BLS)

<u>S.No.</u>	<u>Batch</u>	<u>Date</u>
1	1 <sup>st</sup> Batch of BLS	12 <sup>th</sup> February 2018
2	2 <sup>nd</sup> Batch of BLS	26 <sup>th</sup> March 2018
3	3 <sup>rd</sup> Batch of BLS	12 <sup>th</sup> April 2018
4	4 <sup>th</sup> Batch of BLS	21 <sup>st</sup> July 2018
5	5 <sup>th</sup> Batch of BLS	12 <sup>th</sup> October 2018
6	6 <sup>th</sup> Batch of BLS	13 <sup>th</sup> October 2018
7	7 <sup>th</sup> Batch of BLS	3 <sup>rd</sup> November 2018
8	8 <sup>th</sup> Batch of BLS	8 <sup>th</sup> December 2018
9	9 <sup>th</sup> Batch of BLS	12 <sup>th</sup> January 2019
10	10 <sup>th</sup> Batch of BLS	19 <sup>th</sup> January 2019
11	11 <sup>th</sup> Batch of BLS	23 <sup>rd</sup> January 2019
12	12 <sup>th</sup> Batch of BLS	23 <sup>rd</sup> January 2019
13	13 <sup>th</sup> Batch of BLS	13 <sup>th</sup> February 2019
14	14 <sup>th</sup> Batch of BLS	13 <sup>th</sup> February 2019

# Photographs of BLS Workshop



# Demonstration session





# Practice session



# Practice session





# Group photograph





**King George's Medical University UP, Lucknow**  
**Center For Advance Skills Development**

**Feedback Form**

**Name of Trainer.....**

**Date of Training.....**

**Name of Batch .....**

(Instructions: Just mark the circle wherever you find appropriate)

**CONTENT**

Was the content interesting?

**Yes/No/Can't Say**

Was the content understandable?

**Yes/No/Can't Say**

Content was clear?

**Yes/No/Can't Say**

**KNOWLEDEGE**

Was the Lecture organised?

**Yes/No**

How far you found the lecture useful?

**Veryuseful/Useful/Notuseful/Can't Say**

**PRESENTATION**

How far the lecturer managed to capture your attention?

**Poor/Satisfactory/ Fair/Good/ Very Good**

How did you find the lecture vocabulary?

**Poor/Satisfactory/Fair/Good/Very Good**

**OVERALL**

How was interactivity of lecture?

**Poor/ Satisfactory/Fair/Good/Very Good**

Was the lecture able to answer your questions?

**Yes/No/Can't Say**

Was lecturer polite to students

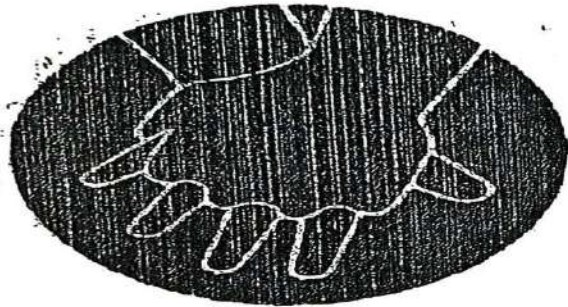
**Yes/No**

What suggestions do you have to improve the lecture approach?

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# CPR is as easy as **C - A - B**



## **Compressions**

Push hard and fast  
on the center of  
the victim's chest



## **Airway**

Tilt the victim's head  
back and lift the chin  
to open the airway



## **Breathing**

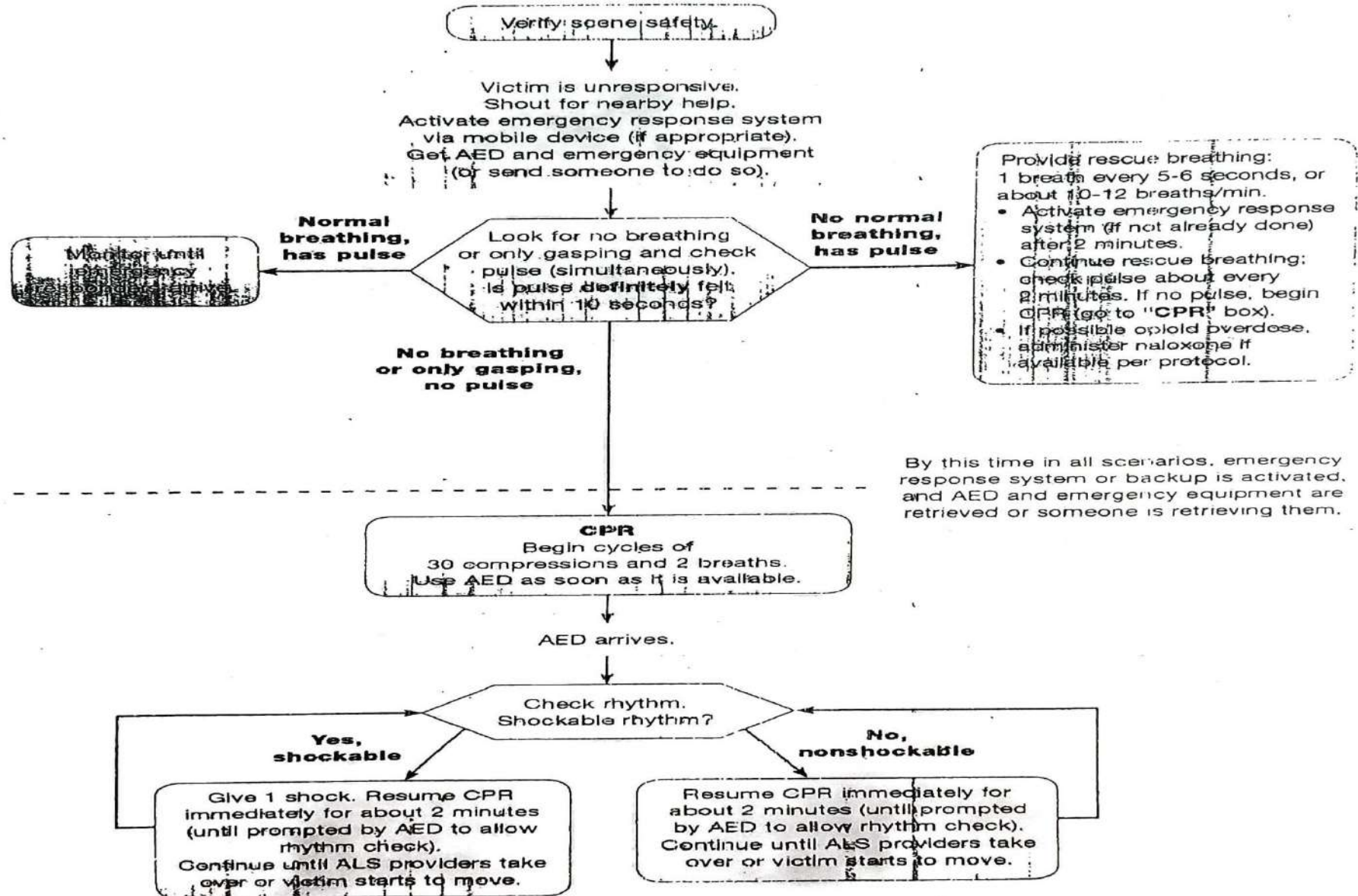
Give mouth-to-mouth  
rescue breaths

American Heart  
Association



*Learn and Live*

# BLS Healthcare Provider Adult Cardiac Arrest Algorithm—2015 Update





**KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW**  
**CENTER FOR ADVANCE SKILLS DEVELOPMENT**  
**PRE\_Test Training Assessment Form**

**Training Topic** :- .....  
**Date** :- .....  
**Name Of Participants** :- .....  
**Diploma/Others** :- .....  
**Name of Trainer** :- .....

**Qus 1. what is CPR ?**

- A. carotid pulse ratio
- B. Cardiopulmonary resuscitation
- C. Chest percussion ratio
- D. Cardiac pulse resuscitation

**Qus 2. where is the carotid artery located ?**

- A. Inside the wrist above the hand.
- B. On the neck to the right or left of the wind pipe.
- C. Behind the knee cap.
- D. Inside the arm between the elbow and shoulder

**Qus 3. A person who is unconscious , not breathing but has pulse then which of the following is needed?**

- A. CPR
- B. Resuce breathing
- C. Back blow and chest thrust
- D. Hiemlick maneuver

**Qus 4. carotid pulse should be checked for ?**

- A. 5 – 10sec
- B. 10 -15sec
- C. 15-20sec
- D. Less than 5 sec

**Qus 5. What is the ratio of chest compressions to breaths when providing CPR to an adult?**

- A. 100 compressions to 2 breaths
- B. 30 compressions to 2 breaths
- C. 15 compressions to 2 breaths
- D. 10 compressions to 2 breaths



**KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW**  
**CENTER FOR ADVANCE SKILLS DEVELOPMENT**

Qus 6. what is the ratio of chest compressions to breaths when 2 rescuers are providing CPR to a child ?

- A. 20 compressions to 2 breaths
- B. 5 compressions to 2 breaths
- C. 15 compressions to 2 breaths
- D. 10 compressions to 2 breaths

Qus 7. The depth of chest compressions performing high quality level CPR in adult should be ?

- A. 3 to 7 cm
- B. 5 to 6 cm
- C. 2 to 5 cm
- D. 4 to 5 cm

Qus 8. When should you give rescue breathing ?

- A. Conscious choking victim
- B. Unconscious choking victim
- C. Unconscious no pulse no breathing
- D. Unconscious not breathing but has pulse

Qus 9. What is CAB in Basic life support?

- A. Chest airway breathing
- B. Common airway breathing
- C. Compression airway breathing
- D. Cardiac airway breathing

Qus 10. What is AED ?

- A. Artificial external defibrillator
- B. Automated external defibrillator
- C. Additional external defibrillator
- D. Airway external defibrillator

**KING GEORGE'S MEDICAL UNIVERSITY, LUCKNOW**  
**CENTER FOR ADVANCE SKILLS DEVELOPMENT**  
**POST\_Test Training Assessment Form**

**Training Topic** :- .....  
**Date** :- .....  
**Name Of Participants** :- .....  
**Diploma/Others** :- .....  
**Name of Trainer** :- .....

Qus 1. what is CPR ?

- A. carotid pulse ratio
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- C. Chest percussion ratio
- D. Cardiac pulse resuscitation

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**CENTER FOR ADVANCE SKILLS DEVELOPMENT**

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- B. Automated external defibrillator
- C. Additional external defibrillator
- D. Airway external defibrillator

# Certificate of participation

**KING GEORGE'S MEDICAL UNIVERSITY, UP, LUCKNOW**



**KGMU Institute of Skills**

**Certificate of Participation**

This is to certify that

***Veenu Dubey***

participated in "Basic Life Support (BLS)" Training at KGMU, UP, Lucknow  
on 12th February 2018

Prof. M.L.B. Bhatt  
Vice Chancellor

Prof. Vinod Jain  
Director

Prof. G.P. Singh  
Coordinator, BLS



# Evidence of success

## KGMU, Faculty of Paramedical Sciences

S.No.	Name of Social Outreach Programme	Places
1.	BLS Workshop	Lakhimpur
2.	BLS Workshop	Barabanki
3.	BLS Workshop	Gonda
4.	BLS Workshop	Police Line, Lucknow
5.	Netra Kumbh	Prayagraj

# BLS-Workshop

## Lakhimpur



# BLS-Workshop

## Barabanki





# BLS-Workshop

## Gonda





# BLS-Workshop

## Police Line, Lucknow





# Netra Kumbh

## Prayagraj



# Palliative Care Skills Workshop

## Batch-2017-19

<u>S.No.</u>	<u>Batch</u>	<u>Date</u>
1	1 <sup>st</sup> Batch of Palliative Care Skills	3 <sup>rd</sup> August 2019
2	2 <sup>nd</sup> Batch of Palliative Care Skills	7 <sup>th</sup> September 2019
3	3 <sup>rd</sup> Batch of Palliative Care Skills	21 <sup>st</sup> September 2019
4	4 <sup>th</sup> Batch of Palliative Care Skills	19 <sup>th</sup> October 2019
5	5 <sup>th</sup> Batch of Palliative Care Skills	2 <sup>nd</sup> November 2019
6	6 <sup>th</sup> Batch of Palliative Care Skills	16 <sup>th</sup> November 2019

# Palliative Care Skills Workshop

## Batch-2019-21

<u>S.No.</u>	<u>Batch</u>	<u>Date</u>
1	1 <sup>st</sup> Batch of Palliative Care Skills	13,14,15 January 2021
2	2 <sup>nd</sup> Batch of Palliative Care Skills	10,11,12 February 2021
3	3 <sup>rd</sup> Batch of Palliative Care Skills	17,18,19 February 2021
4	4 <sup>th</sup> Batch of Palliative Care Skills	24,25,26 February 2021
5	5 <sup>th</sup> Batch of Palliative Care Skills	To be continued.....
6	6 <sup>th</sup> Batch of Palliative Care Skills	
7	7 <sup>th</sup> Batch of Palliative Care Skills	
8	8 <sup>th</sup> Batch of Palliative Care Skills	
9	9 <sup>th</sup> Batch of Palliative Care Skills	
10	10 <sup>th</sup> Batch of Palliative Care Skills	



# Photographs of Palliative Care Skills Workshop



# Photographs of Palliative Care Skills Workshop





# Photographs of Palliative Care Skills Workshop





# Certificate of Training



# Feedback System

## After the Workshops

King George's Medical University UP, Lucknow  
KGMU Institute of Paramedical Sciences

**Feedback Form**

Name of Diploma.....

Date.....

(Instructions: Just mark the circle wherever you find appropriate)

**CONTENT**

Was the content interesting? Yes/No/Can't Say

Was the content understandable? Yes/No/Can't Say

Content was clear? Yes/No/Can't Say

**KNOWLEDGE**

Was the Lecture organised? Yes/No

How far you found the lecture useful? Very useful/Useful/Notuseful/Can't Say

**PRESENTATION**

How far the lecturer managed to capture your attention? Poor/Satisfactory/ Fair/Good/ Very Good

How did you find the lecture vocabulary? Poor/Satisfactory/Fair/Good/Very Good

**OVERALL**

How was interactivity of lecture? Poor/ Satisfactory/Fair/Good/Very Good

Was the lecture able to answer your questions? Yes/No/Can't Say

Was lecturer polite to students Yes/No

What suggestions do you have to improve the lecture approach?

King George's Medical University UP, Lucknow  
KGMU Institute of Paramedical Sciences

**Feedback Form**

Name of Diploma..... DIT

Date..... 28<sup>th</sup> March 2019

(Instructions: Just mark the circle wherever you find appropriate)

**CONTENT**

Was the content interesting? Yes/No/Can't Say

Was the content understandable? Yes/No/Can't Say

Content was clear? Yes/No/Can't Say

**KNOWLEDGE**

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Was the lecture able to answer your questions? Yes/No/Can't Say

Was lecturer polite to students Yes/No

What suggestions do you have to improve the lecture approach?

No Suggestions.

# Links

- <https://goo.gl/maps/TvExugsrAZ7GFRSPA> (Lari Cardiology)
- <https://goo.gl/maps/ej3pJnDmv8vRBRZ6A> (Computer Room)
- <https://goo.gl/maps/ubHJdr9gkDYg4Z3UA> (Teaching Block Kalam Centre)
- <https://goo.gl/maps/ubHJdr9gkDYg4Z3UA> (Music and English Classes)
- <https://goo.gl/maps/83MvVY3ddkBLXHpf6> (Dental OPD)
- <https://goo.gl/maps/ziERanEDFtr8Kg1W8> (Radio diagnosis)
- <https://goo.gl/maps/KdU3Gh9DaLZzhfzc7> (Ophthalmology)
- <https://goo.gl/maps/y433mfN5Lr6WXSfo7> (Skill Institute)
- <https://goo.gl/maps/YCDixV2JYZRNF2xr5> (Social Out Reach SCPM Gonda)
- <https://goo.gl/maps/ZSNi8dKbuj4Qq49d6> (Social Out Reach Police Line Lucknow)
- <https://goo.gl/maps/8nWNwiRFggiCqpu18> (Netra Kumbh Prayagraj)
- <https://goo.gl/maps/rH6skeFqB9VNeLyKA> (Paramedical Students working on Covid Help Desk In Various Department of KGMU )
- <https://goo.gl/maps/RkgxfTdFQJzkXqB17> (Sarv Dev Mandir )



# Links

- <https://goo.gl/maps/ubHJdr9gkDYg4Z3UA> (Teaching Block Kalam Centre)
- <https://goo.gl/maps/FxhAtrat76bGxw1FA> (Administrative Block)
- <https://goo.gl/maps/U3Px1XR5YHCKjHqy5> (Cafeteria)
- <https://goo.gl/maps/QZ9s9xnvSiVMJXyi7> (Brown Hall KGMU)
- <https://goo.gl/maps/9v44B1DRmSzpbDww8> (Atal Bihari Vajpayee Convention Centre)
- <https://goo.gl/maps/i7mB1CFGDoChcv41A> (Department of Pathology)
- <https://goo.gl/maps/xCoMkR5eN8qAPrat7> (Department of Microbiology)
- <https://goo.gl/maps/GVFrVfMryLVxsL7k7> (Gandhiward KGMU)
- <https://goo.gl/maps/85kwouaPsGd2HEim6> (Department of General Surgery )

# Links-

- <https://goo.gl/maps/FwyfWSYgmPQk8EiS9> -(Shatabdi Phase2)
- <https://goo.gl/maps/YRtaDMRfbPPVSpdr9> -(Trauma Centre)
- <https://goo.gl/maps/cKyynmZSJFccZWZ49> -(Shatabdi DBTT)
- <https://goo.gl/maps/B3ejYAaUyyHrBbDX6> -(Sp Ground)
- <https://goo.gl/maps/VWmLjbKuugaexKAP8> (Department of Community Medicine )
- <https://goo.gl/maps/S7yCAfHKdUx57bV19> ( Department of Physical Medicine And Rehabilitation )
- <https://goo.gl/maps/C3BmB2gU1oYLjAQR7> ( Department of Anatomy )
- <https://goo.gl/maps/KiGBzXackRjfZtyP7> ( Canteen 1905 KGMU)
- <https://g.page/RamadaByWyndhamLucknow?share> ( Ramada Plaza )
- <https://goo.gl/maps/RkgxfTdFQJzkXqB17> (Sarv Dev Mandir )

# Links-

- <https://goo.gl/maps/rGuj1Vr6wUfpspkJA> ( New OPD Block )
- <https://goo.gl/maps/QQeuqfk8cZcSi6uS8> (Old OPD KGMU )
- <https://goo.gl/maps/xwH4mwCResnzXMHM6> (Central Library )
- <https://goo.gl/maps/2uwmmT7KXxGT8YwR8> (Governor House )
- <https://goo.gl/maps/yAQ3VpECzaGfqxKn8> (Indira Gandhi Pratishthan )

KGMU, Faculty of Paramedical Sciences U.P. Lucknow