

## DR. ADARSH TRIPATHI

**Name** : Adarsh Tripathi  
**Date of Birth** : 8<sup>th</sup> July 1980  
**Address** : 61, Sector K-1, Ansal Nest, Aashiyana, Kanpur Road,  
Lucknow, UP, India-226012  
**Mobile** : 9415769817 (H), 9651970700 (O)

### Qualifications:

Qualification	Institution	Year (From)	Year (To)
M.D. (Psychiatry)	KGMU, Lucknow, India	25 June 2004	24 June 2007
Internship	Lala Lajpat Roy & Associated hospital	01 April 2003	31 March 2004
M.B.B.S.	GSVM, Kanpur, India	Sep 1998	March 2003

✚ **Current employment** : **Assistant Professor**  
Department of Psychiatry  
King George's Medical University, U.P, Lucknow

✚ **Areas of interest** : Cognition in Psychiatric Disorders, Cognitive remediation in Schizophrenia, Psycho-sexual Disorders, Cognitive Behavior Therapy

✚ **Memberships Awarded:**  
International member of **American Psychiatric Association**  
Life fellow of the **Indian Psychiatric society**  
Member of **International Society of sexual medicine**  
Fellow of the **Indian Association for Social Psychiatry**  
Fellow of the **Indian Association of Child and Adolescent Mental Health**

## ✚ Publications:

## ✚ Pubmed Indexed Journals:

1. Grover S, Avasthi A, Gupta S, Dan A, Neogi R, Behere P, **Tripathi A** et al. Phenomenology and beliefs of patients with Dhat syndrome: A nationwide multicentric study. *International Journal of Social Psychiatry*. 2016, Vol. 62(1) 57–66
2. Baessler F , **Tripathi A**, Dumitru M M , Elkholy H , Dias M C . The first Early Career Psychiatrists' Fellowship Award of the Ain Shams International Congress on Psychiatry in Cairo, Egypt: Fostering International Collaboration on Education and Training. *Asian Journal of Psychiatry* 17 (2015) 94–95.
3. Grover S, Avasthi A, **Tripathi A**, Tanra A J, Chee K, He Y C, Helen F K, Kuga H, Lee M S, Chong M Y, Udormatn P, Kanba S, Yang S Y, Si T M, Sim K, Tan C H, Shen W W, Xiang Y T, Sartorius N and Shinfuku N. Antidepressant prescription pattern in the presence of medical co-morbidity: REAP-AD 2013 study [online]. *East Asian Archives of Psychiatry*, Vol. 25, No. 3, Sep 2015: 99-107
4. Chee K, **Tripathi A**, Avasthi A, Chong M, Xiang Y, Sim K et al. Country variations in depressive symptoms profile in Asian countries: Findings of the Research on Asia Psychotropic Prescription (REAP) studies. *Asia-Pacific Psychiatry*. 2015; 7(3):276-285.
5. Grover S, Avasthi A, Gupta S, Dan A, Neogi R, Behere P, **Tripathi A** et al. Comorbidity in Patients with Dhat Syndrome: A Nationwide Multicentric Study. *The Journal of Sexual Medicine*. 2015; 12(6):1398-1401.
6. **Tripathi A**, Tekkalaki B, Agarwal A. Genital self-mutilation in a non-psychotic male to get rid of excessive sexual drive: A case report. *S Afr J Psych*. 2015; 21(1):35.
7. **Tripathi A**, Trivedi J, Tekkalaki B. Welcome biological breakthroughs, supply psychosocial insights. *Mens Sana Monogr*. 2014; 12(1):79.
8. **Tripathi A**, Winek N, Goel K, D'Agati D, Gallegos J, Jayaram G et al. Electroconvulsive therapy pre-treatment with low dose propofol: Comparison with unmodified treatment. *Journal of Psychiatric Research*. 2014; 53:173-179.
9. **Tripathi A**, Tekkalaki B, Saxena S, Dandu H. Iatrogenic dependence of anabolic-androgenic steroid in an Indian non-athletic woman. *BMJ Case Reports*. 2014; (feb06):bcr2013202472.
10. Verma A, **Tripathi A**, Mishra M, Verma S, Chaudhri S, Bansal A et al. Impact of psychiatric profile and personality trait on directly observed tuberculosis treatment outcome. *International Journal of Medicine and Public Health*. 2013; 3(4):303.
11. **Tripathi A**, Nischal A, Dalal P, Agarwal V, Agarwal M, Trivedi J et al. Sociodemographic and clinical profile of homeless mentally ill inpatients in a north Indian medical university. *Asian Journal of Psychiatry*. 2013;6(5):404-409.
12. Trivedi J, **Tripathi A**, Dhanasekaran S, Moussaoui D. Preventive psychiatry: Concept appraisal and future directions. *International Journal of Social Psychiatry*. 2013;60(4):321-329.

13. Baheti T, Nischal A, Nischal A, Khattri S, Arya A, **Tripathi A** et al. A study to evaluate the effect of celecoxib as add-on to olanzapine therapy in schizophrenia. *Schizophrenia Research*. 2013; 147(1):201-202.
14. Dalal P, **Tripathi A**, Gupta S. Vajikarana: Treatment of sexual dysfunctions based on Indian concepts. *Indian Journal of Psychiatry*. 2013; 55(6):273.
15. Gallegos J, Vaidya P, D'Agati D, Jayaram G, Nguyen T, **Tripathi A** et al. Decreasing Adverse Outcomes of Unmodified Electroconvulsive Therapy. *The Journal of ECT*. 2012; 28(2):77-81.
16. Trivedi J, **Tripathi A**, Nischal A, Nischal A. Suicide and antidepressants: What current evidence indicates. *Mens Sana Monogr*. 2012; 10(1):33.

#### **Non Indexed Journals:**

1. **Tripathi A**, Arya A, Garg K. Preventive Psychiatry in Children and Adolescents: Current Status and Future. *J. Indian Assoc. Child Adolesc. Ment. Health* 2016; 12(1):1-8
2. Jaiswal P, Dalal PK, **Tripathi A**, Singh S And Jain S. “ Family Functioning And Expressed Emotions In Depressed Married Patients in North India- A Case Control Study, *Indian Journal of Private Psychiatry*, Vol 9 Issue 1 (52)April 2015
3. Jaiswal P, Dalal PK, **Tripathi A**, Singh S and Jain S. Relationship of Depression, Disability and Quality of Life in Depressive Patients-A Case Control Study. *J Fam Med*. 2015;2(3): 1027.
4. Bharti S, Kohli A, **Tripathi A**, Sharma R. Premenstrual Dysphoric Disorder and Premenstrual Syndrome: An Overview. *Sri Lanka Journal of Psychiatry*, 2014, 5 (2), 9-12
5. Gupta AK, **Tripathi A**, Sitholey P, Reeves T, Dalal PK, Nischal A. Introductory Short Term Cognitive Behaviour Therapy Training For Indian Mental Health Professionals: A Qualitative Evaluation. *Indian Journal of Social Psychiatry*, 2014, 30 (1-2), 54-60
6. Dhasekaran S, Kar S K, **Tripathi A**: The Mental Health Care Bill-Changes and Appraisal. *Delhi Psychiatric Journal*, Vol. 17 (1), April 2014; 160-66
7. **Tripathi A**, Agarwal V. Adult Adhd: Diagnosis, Management and Follow Up of Case for 3 Years. *Delhi Psychiatric Journal*, Vol. 16 (1), April 2013; 201-212
8. Pandey A K, Singh H, Dalal PK, **Tripathi A**, Dutt K, Sinha P K. Psychiatric Morbidity In Suicide Attempters Attending University Hospital of North India. *Delhi Psychiatric Journal*, Vol. 16 (1), April 2013; 128-133
9. Nischal A, Nischal A, Agarwal M, Agarwal A, Arya A, Gupta B, **Tripathi A**. Relaxation Tecniques A Practical Approach For The Mental Health Professional; *Indian Journal of Behavioural Sciences*; April 2013, 23(1):35-40.
10. **Tripathi A**, Dhanasekaran S, Agarwal V. Very Early Onset Schizophrenia: A Case Report. *Journal of Indian Association for Child and Adolescent Mental Health*; 2013; 9(3):89-95.

11. Dalal PK, **Tripathi A**, Bheemsain T, Gangadhar B N. Practical Aspects of Electrophysiological Basis of Electro Convulsive Therapy: An Update. Indian Journal of Behavioral Sciences, Vol No. 22 (1), April 2012; 91-98
12. Dalal PK, Agarwal M, Saxena S, **Tripathi A**. Electroconvulsive Therapy in Special Population. Indian Journal of Behavioral Sciences, Vol No. 22 (1), April 2012; 84-90
13. **Tripathi A**, Sameer B.M, Nischal A, Singh S, Kant S, Verma A K. Tuberculosis and Psychiatric Disorders. Lucknow Medical Journal. Vol 1. Issue 1, Dec 2011; 73-78
14. Singh K S, **Tripathi A**, Kohli A. Humor In Psychiatric Clinical Practice, Delhi Psychiatry Journal, Vol 14, No 2 , Oct 2011; 232-236
15. Bharti S, **Tripathi A**, Kohli A, Srivastava M, Tiwari S, Sharma A. Homeless Mentally Ill In India: Challenges For Psychiatry, Indian Journal of Behavioral Sciences, 51-56, Vol. 20 (2), October 2010.

#### **Accepted for publication:**

1. **Tripathi A**, Avasthi A, Desousa A, Bhagabati D, Shah N, Kallivayalil R A, Grover S, Trivedi J K & Shinfuku N. Prescription Pattern of Antidepressants in Five Tertiary Care Psychiatric Centres of India”. Accepted for publication in Indian Journal Medical Research, 2015
2. Kallivayalil R A, Garg K, **Tripathi A**, International Mental Health Perspectives on Person Centered Integrated Care, The International Journal of Person Centered Medicine, 2015, Vol 5, No 1.
3. Chee K, **Tripathi A**, Avasthi A, Chong M, Sim K, Yang S et al. International study on antidepressant prescription pattern at 40 major psychiatric institutions and hospitals in Asia: A 10-year comparison study. Asia-Pacific Psychiatry. 2015;;n/a-n/a.
4. Chee K, **Tripathi A**, Avasthi A, Chong M, Sim K, Yang S, et al. Prescribing pattern of antidepressants in children and adolescents: findings from the research on Asia Psychotropic Prescription (REAP) studies , Asia-Pacific Psychiatry. 2015;n/a-n/a

#### **Abstract Publication**

1. **Tripathi A**, Gupta P. P-346 - Attention Deficit Hyperactivity Disorder in Adults: One Year Follow up Study from India. European Psychiatry. 2012; 27:1.

#### **Internet publications:**

1. Nischal A, **Tripathi A**. Hindi adaption for Royal College of Psychiatrist, Information leaflet on OCD, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfoforall/translations/hindi/ocd.aspx>
2. Nischal A, **Tripathi A**. Hindi adaption for Royal College of Psychiatrist, Information leaflet on Bereavement, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfoforall/translations/hindi/bereavement.aspx>

3. Jainer A K, Nischal A & **Tripathi A** Hindi adaption for Royal College of Psychiatrist, Information leaflet on Bipolar Disorder, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfo/translations/hindi/bipolar.aspx>
4. Nischal A, **Tripathi A** & Saluja B. Hindi adaption for Royal College of Psychiatrist, Information leaflet on Tiredness Disorder, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfoforall/translations/hindi/tiredness.aspx>
5. Nischal A, **Tripathi A**. Hindi adaption for Royal College of Psychiatrist, Information leaflet on Tiredness Disorder, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfo/translations/hindi/sleep.aspx>
6. Nischal A, **Tripathi A** & Agarwal A. Hindi adaption for Royal College of Psychiatrist, Information leaflet on Antidepressants, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfo/translations/hindi/antidepressants.aspx>
7. **Tripathi A**, Nischal A & Yaduvanshi R. Hindi adaption for Royal College of Psychiatrist, Information leaflet on Dementia, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfo/translations/hindi/dementia.aspx>
8. Nischal A, **Tripathi A** & Agarwal A. Hindi adaption for Royal College of Psychiatrist, Information leaflet on Eating Disorder, available for view at website link  
<http://www.rcpsych.ac.uk/mentalhealthinfo/translations/hindi/eatingdisorders.aspx>

#### **Books and book chapters:**

- **Book:**

Jitendra Kumar Trivedi and **Adarsh Tripathi** (eds). Mental Health in South Asia: Ethics, Resources, Programs and Legislation International Library of Ethics, Law, and the New Medicine Volume 58, 2015, pp 291-317, ISSN : 1567-8008, DOI: 10.1007/978-94-017-9017-8

- **Book Chapter:**

1. How to make a case presentation. P.K. Dalal, **Adarsh Tripathi**, Anil Nischal. Psychiatry in India: Training & training centres, Second edition, the supplement of Indian Journal of Psychiatry, 2015, Pg 297-304.
2. A mental health law for Low and Middle Income Countries. George Szmukler, **Adarsh Tripathi**, Rowena Daw and John Dawson. In Jitendra Kumar Trivedi and Adarsh Tripathi (eds). Mental Health in South Asia: Ethics, Resources, Programs and Legislation International Library of Ethics, Law, and the New Medicine Volume 58, 2015.
3. Mental Health Legislation: Evolution and Implementation in South Asian Countries and Western Countries. Jitendra Kumar Trivedi, **Adarsh Tripathi** and Sujit Kumar Kar. In Jitendra Kumar Trivedi and Adarsh Tripathi (eds). Mental Health in South Asia: Ethics, Resources, Programs and Legislation International Library of Ethics, Law, and the New Medicine Volume 58, 2015, pp 291-317

4. Psychological aspect of infertility in women. **Adarsh Tripathi**, Ajay Kohli; In Women and mental health. Eds Indira Sharma, MN Tripathi (2009), under the aegis of IPS-Women and mental health task force.
5. Antidepressants, anxiolytics and hypnotics in pregnancy and lactation. Ajay Kohli, Shantanu Bharti, Ashish Sharma, **Adarsh Tripathi**. In Women and mental health. Eds Indira Sharma, MN Tripathi (2009), under the aegis of IPS-Women and mental health task force.
6. Mood stabilizers in pregnancy and lactation. Ajay Kohli, **Adarsh Tripathi**, Shantanu Bharti, Ashish Sharma. In Women and mental health. Eds Indira Sharma, MN Tripathi (2009), under the aegis of IPS-Women and mental health task force.
7. Problems with use of antipsychotic medication during pregnancy and lactation. Ajay Kohli, **Adarsh Tripathi**, Shantanu Bharti, Ashish Sharma. In Women and mental health. Eds Indira Sharma, MN Tripathi (2009), under the aegis of IPS-Women and mental health task force.

#### **Awards/fellowships:**

- **BEST PAPER AWARD** at annual conference of Indian Psychiatric Society Central Zone (CIPCON 11) held at Hotel Landmark Kanpur on 14th and 15th Oct 2011 for paper entitled: “Qualitative Evaluation of the Impact of Short Term Introductory Cognitive Behaviour Therapy Training amongst Mental Health Professionals in India.”
- The second **Training and Education Fellowship Programme**, The Asian Federation of Early Career Psychiatrists (AFECPC) at Kochi in January, 2012.
- **Early Career Psychiatrist Fellowship award** in the 11th AIN Shams International Congress on Psychiatry in Cairo, Egypt from 24<sup>th</sup> May to 28<sup>th</sup> May 2015.

#### **Research work:**

##### **1. Projects:**

##### **I. Extramural Research Project (2015-2016) under Investigator Initiated Research Project:**

- Stigma experienced by patients with severe mental disorders and their caregivers, Investigator Initiated Research Project by Prof. Ajit Avasthi, PGIMER, Chandigarh, India, 2015
- An exploratory, multi-centre, study to identify phenotypic clusters in OCD by Indian Psychiatric Society, 2015 (ongoing)

##### **II. Intramural Research Project (2012-2014): (Principal Investigator)**

- A Study for Development of Cognitive Remediation Techniques for Indian Patients of Schizophrenia, King George’s Medical University, Lucknow, India, 2012-14

##### **III. Co-investigator**

- **Reducing unmodified ECT in India** at King George’s Medical University, Lucknow, India-sponsored by **John Hopkins Institute, USA**.

- Co-Investigator at Lucknow centre, “Identification and Molecular Characterization of Polymorphism in Type 2 Dopamine Receptor (DRD2), Serotonin Receptor (5HT2A) and CYP2D6 Gene Polymorphisms and its Association with the Response of Atypical Antipsychotic Drug (Risperidone) in North Indian Schizophrenic Population: A Multicentric Study”- sponsored by Indian Council of Medical Research (ICMR), New Delhi.
- Co-Investigator at Lucknow centre, “**Cross-Cultural Reliability and Validity of Intermediate Measures (CIM II) of the** Measurement and Treatment Research to Improve Cognition in Schizophrenia (MATRICS)”. Funding agency- National Institute of Health, University of Texas, Health Sciences Centre, San Antonio, USA,
- Co-Investigator at Lucknow centre, “Phenomenology, beliefs and comorbidity in patients with Dhat syndrome: A Nationwide multicentric study” Investigator Initiated Research Project by Prof. Ajit Avasthi, PGIMER, Chandigarh, India, 2014-15
- Co-Investigator at Lucknow centre, Research on East Asia Psychotropic Prescription Pattern, Anti depressant Survey, 2013

## 2. A follow-up study of clinic adults with attention deficit hyperactivity disorder

### 3. International Drug trial

- **Principle Investigator**  
On schizophrenia- completed, other ongoing
- **Co-Investigator**  
Three projects one on Schizophrenia, Bipolar disorder and depression each.

### Thesis Co-Guide:

#### 1. Psychiatry

- “A Study on Pathway of Care and Phenomenology in Patients with Dhat Syndrome”, 2014
- “A Study on Family Assisted Cognitive Training in Patients of Schizophrenia”, 2013
- “A Study Evaluate and Compare the Acceptance, attitude, Anxiety and Adverse effects of Unmodified Electroconvulsive Therapy and Electroconvulsive Therapy With Low Dose Propofol”, 2012
- “A Study of Pattern of Referrals to Psychiatry in a Teaching Hospital”, 2012
- “A Study of Burden of Care on Key- Relatives of Patients of Anxiety Disorder (Except Obsessive Compulsive Disorder)”, 2012
- “A Study of Psychiatry Morbidity, Psychosocial Adjustment and Quality of Life in Couple Attending Infertility Clinic”, 2011
- Burden of care and quality of life in epilepsy in north India.
- Psychological consequences of infertility

## 2. **Psychology (M.Phil.)**

- *“A Study Cognitive Functions and Disability in Patients of Schizophrenia”*, 2014

## 3. **Medicine**

- A study of psychiatric status of patients suffering from Chronic obstructive pulmonary disease

## 4. **Pulmonary medicine**

- *A study of the Prevalance of Psychiatric Manifestations in patients of Obstructive Sleep Apnoea confirmed with Polysomnography.*

## 5. **Neurology (DM)**

- *Assessment of anxiety, depression, somatization and pain catastrophe scales in New Daily Persistent Headache (Completed at Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow).*

### **Positions Held:**

1. Convener, Committee for Research and Education Foundation and Training, Indian Psychiatric Society, 2014-15.
2. Member, Preventive Psychiatry Section, World Psychiatric Association
3. Convener, Head quarter Committee, Indian Psychiatric Society, 2013-14.

### **Presentations:**

1. *Presented a Symposium on “How to carry out and Publish Research” in 68<sup>th</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS) in Bhopal from 21-24 Jan 2016.*
2. *Presented a in Symposium on “Evidence based prevention strategies for childhood & adolescent mental health”entitled: “Preventive Psychiatry: recent understanding and developments” in World Psychiatry Association Regional Congress at Kochi from 25-27 Sep 2015.*
3. *Presented a in Symposium on “Rehabilitation in resource-poor setting: experiences from South East Asia” entitled: “Cognition rehabilitation in Schizophrenia: Experiences from India” in World Psychiatry Association Regional Congress at Kochi from 25-27 Sep 2015.*
4. *Conducted a workshop on “Research Methodology” in Post graduate development programme, organized by Indian Psychiatric Society Central zone from 23 Aug 2015 at Orchha, Madhya Pradesh.*
5. *Presented a poster entitled: “Non computerized home based cognitive training for Schizophrenia : A randomized controlled trial” in 11th AIN Shams International Congress on Psychiatry in Cairo, Egypt from 24<sup>th</sup> May to 28<sup>th</sup> May 2015.*



6. Presented a Symposium entitled: "Feasibility of early intervention in Psychosis in South Asia" 8<sup>th</sup> SAARC Psychiatry Conference 2014 at Lumbini, Nepal
7. Presented a Symposium entitled: "JKT Memorial Symposium-Ethics in Psychotherapy: Perspective in SAARC countries" 8<sup>th</sup> SAARC Psychiatry Conference 2014 at Lumbini, Nepal
8. Presented a workshop entitled: "Cognitive training program for Schizophrenia- Applicability in resource limited settings" 8<sup>th</sup> SAARC Psychiatry Conference 2014 at Lumbini, Nepal.
9. Presented a Symposium entitled: "Growth of Social Psychiatry in India: Past , Present and Future" World Association of Social Psychiatry, Jubilee Congress, November 2014 at LONDON , UK
10. Presented a symposium entitled: "Cognitive intervention in Schizophrenia- Feasibility and Effectiveness in the Indian Settings" in 1<sup>st</sup> Global Conference of Biological Psychiatry 2014 at New Delhi.
11. Invited guest lecture at IConS VI of SCARF 2014 21st - 23rd August, 2014 entitled: "Family Assisted Cognitive training in Schizophrenia".
12. Presented a Symposium entitled; "Adolescent Sexuality: Trapped by culture and turned by globalization" at International Conference on Youth, Gender & HIV held on the 12<sup>th</sup> -13<sup>th</sup> August 2014 at Amity University, Lucknow
13. Speaker in symposium "Research on East Asia Psychotropic Prescription Pattern" at 4<sup>th</sup> World Congress of Asian Psychiatry at Bangkok, Thailand, Aug 20-23, 2013
14. Speaker in symposium "Mental Health Policy, Program and legislation: A case for coherence" at XX National Conference of the IASP Kolkata, 8-10 Nov 2013
15. Speaker in symposium "Human Rights and Psychiatry" at 7<sup>th</sup> SAARC Psychiatric Federation International Conference, Nov 29-Dec1 2013, Mysore.
16. Speaker in symposium "The Mental Health Care Bill: A Critical Appraisal" at 7<sup>th</sup> SAARC Psychiatric Federation International Conference, Nov 29-Dec1 2013, Mysore.
17. Speaker in symposium "Depression Screening in Primary Care" at World Psychiatric Association congress, Bucharest, Romania, 2013.
18. Free paper "Electroconvulsive therapy- Pretreatment with low dose Propofol: Comparison with unmodified treatment" at World Psychiatric Association congress, Bucharest, Romania, 2013.
19. Speaker in symposium "Suicide and social factors in India" at 65<sup>th</sup> Annual National Conference of the Indian Psychiatric Society at Bangalore in 2013.
20. Speaker in symposium "Identification and Molecular Characterization of Polymorphism in Type 2 Dopamine Receptor (DRD2), Serotonin Receptor (5HT2A) and CYP2D6 Gene Polymorphisms and its Association with the Response of Atypical Antipsychotic Drug (Risperidone) in North Indian Schizophrenic Population: A MULTICENTRIC STUDY- An interim report" at 65<sup>th</sup> Annual National Conference of the Indian Psychiatric Society at Bangalore in 2013.

21. *Speaker in symposium "Pathway of Care of Neurotic, Stress Related and Somatoform Disorder for Mental Health Service in SAARC" 6th International Conference of SAARC Psychiatric Federation in Nov 2012.*
22. *"Qualitative Evaluation of the Impact of Short Term Introductory Cognitive Behavior Therapy Training amongst Mental Health Professionals in India" at 64th Annual National Conference of the Indian Psychiatric Society at Kochi in 2012.*
23. *"A Retrospective Chart Review of Homeless Persons Admitted in Psychiatry Department of A Medical University" at 64th Annual National Conference of the Indian Psychiatric Society at Kochi in 2012.*
24. *Session in Training Programme for A.R.T. Specialist's From 16th - 19th August 2011 organized by NACO Regional Training Institute, Department of Medicine, C.S.M. Medical University, Lucknow entitled: "Treatment Adherence Issues" in Specialist Track.*
25. *Session in Training Programme For A.R.T. Specialist's From 16th - 19th August 2011 organized By NACO Regional Training Institute, Department of Medicine, C.S.M. Medical University, Lucknow Entitled: "Paediatric Counseling and Other Issues" in Paediatric Track.*
26. *Invited Talk-Headache, 8th Annual Conference of Indian Association Of Private Psychiatry, UP-UK Chapter Held at Shravasti (UP), August 28-29th 2010*
27. *Invited Talk- Trauma And Healing In National Seminar (Sponsored By UGC) on Life After Trauma on 12th September, 2009 at Kanpur*
28. *Session in Multidisciplinary Conference on **Depression As Co-morbid Illness In Medical Disorders- Identification And Management** Held In Era's Lucknow Medical College, Lucknow in October 2010*
29. *Session in Conference on **Stress- Identification And Management** Held in Era's Lucknow Medical College, Lucknow in March 2010*
30. ***Free Paper Presentation** at the 60<sup>th</sup> Annual National Conference of Indian Psychiatric Society Held in January 2009 at Agra entitled: "Metabolic Syndrome in Drug Naïve Patients of Schizophrenia and Bipolar Disorder."*
31. ***Free Paper Presentation** at the 59<sup>th</sup> Annual National Conference of Indian Psychiatric Society Held in January 2008 at Chennai entitled: "Conducting Clinical Follow Up Study in Northern India: Challenges and Rewards".*
32. *Presented A Poster entitled: "A Study of Burden of Care on the Key Relatives of the Schizophrenics", Icons Iii of Scarf held in October 2008 at Chennai*
33. *Presented a Poster at the 58<sup>th</sup> Annual National Conference of Indian Psychiatric Society Held in January 2006 at Mumbai entitled: "Osteomalacia and Chronic Schizophrenia: A Case Report".*
34. *Presented a Poster at the International Conference of Schizophrenia Research Foundation Held in October 2006a at Chennai entitled: "Schizophrenia and Guillain-Barre Syndrome: Diagnostic and Management Issues-A Case Report".*

35. Co-Presented a Poster at the 59<sup>th</sup> Annual National Conference of Indian Psychiatric Society Held in January 2007 at Chennai entitled: “**Cannabis Use and Schizophrenia: REVIEW OF THE EVIDENCES**”.
36. Co-Presented a Poster at the 58<sup>th</sup> Annual National Conference of Indian Psychiatric Society Held in January 2006 at Mumbai entitled: “**Practical Problems of Family Studies in India**”.

 **Conferences and Courses Attended:**

1. 68<sup>th</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS) in Bhopal from 21-24 Jan 2016.
2. World Psychiatry Association Regional Congress 2015 in Kochi from 25-27 Sep 2015.
3. 11th AIN Shams International Congress on Psychiatry in Cairo, Egypt from 24<sup>th</sup>-28<sup>th</sup> May 2015
4. Orientation workshop on Cochrane on 28 Feb 2015 at KGMU, Lucknow.
5. Work Place Based Assessment held on 31 January 2015 at KGMU, Lucknow
6. 67<sup>th</sup> Annual National Conference of Indian Psychiatry Society (ANCIPS-2015) held on 8<sup>th</sup> -11<sup>th</sup> 2015 at HICC, Hyderabad.
7. 8<sup>th</sup> SAARC Psychiatry Conference 2014 at Lumbini, Nepal
8. World Association of Social Psychiatry, Jubilee Congress, November 2014 at LONDON , UK
9. 1<sup>st</sup> Global Conference of Biological Psychiatry 2014, NEW DELHI
10. IPS mid term CME 2014 at Agra (Co-chairman of scientific organizing committee)
11. International Conference on Schizophrenia VI of SCARF 2014 21st - 23rd August, 2014
12. International Conference on Youth, Gender & HIV held on the 12<sup>th</sup> -13<sup>th</sup> August 2014 at Amity University, Lucknow
13. 4<sup>th</sup> World Congress of Asian Psychaitry at Bangkok, Thailand, Aug 20-23, 2013
14. 35<sup>rd</sup> Annual National Conference of Indian Psychiatric Society- Central Zone (CIPCON) at Lucknow in October 2013
15. XX National Conference of the IASP Kolkata, 8-10 Nov 2013
16. 7<sup>th</sup> SAARC Psychiatric Federation International Conference, Nov 29-Dec1 2013. Mysore
17. 64th Annual National Conference of the Indian Psychiatric Society at Kochi in 2012.
18. 33<sup>rd</sup> Annual National Conference of Indian Psychiatric Society- Central Zone (CIPCON) at Kanpur in October 2011
19. Master Trainer’s Training organized by National AIDS Control Organization (NACO) at KolKata in March 2011.
20. CME IPS Task Force for Community Psychiatry and Child & Adolescent Psychiatry held in December 2010 at Lucknow

21. 8<sup>th</sup> annual conference of Indian Association of Private Psychiatry, UP-UK Chapter held at Shravasti , U.P. in October 2010
22. *Multidisciplinary conference on Depression as co-morbid illness in medical disorders- identification and management held in Era's Lucknow Medical College, Lucknow in October 2010*
23. *Conference on Stress- identification and management held in Era's Lucknow Medical College, Lucknow in March 2010*
24. *61th National conference of Indian Psychiatric Society held in January 2010 at Jaipur*
25. *Silver jubilee national conference of Indian association for social psychiatry, 15-17 November, 2009*
26. *Workshops on CBT at CSM Medical university, Lucknow in 2008, 2009 and 2010*
27. *Workshop on psychodynamic psychotherapy at CSM Medical university on 18 November, 2009*
28. *60<sup>th</sup> Annual National conference of Indian Psychiatric Society held in January 2008 at Agra.*
29. *59<sup>th</sup> Annual National conference of Indian Psychiatric Society held in January 2007 at Chennai.*
30. *58<sup>th</sup> Annual National conference of Indian Psychiatric Society held in January 2006 at Mumbai.*
31. *National Mid-term CME of Indian Psychiatric Society on "Promoting Adolescent Mental Health" held on 27<sup>th</sup> and 28<sup>th</sup> of August, 2005 at Goa.*
32. *National Mid-term CME of Indian Psychiatric Society on "Psychiatry and Medicine: Common Patients, Different Perspectives" held on 2<sup>nd</sup> and 3<sup>rd</sup> of September, 2006 at Lucknow*
33. *8<sup>th</sup> Biennial Conference of the Indian Society for Child and Adolescent Psychiatry held in November 2005 at Lucknow.*
34. *1<sup>st</sup> Annual National conference of the Indian association for Geriatric Mental Health held in August 2005 at Lucknow.*
35. *26<sup>th</sup> Annual conference of Indian Psychiatric Society (Central Zone) held in October 2004 at Bhopal.*
36. *International CME –II Child and Adolescent Psychiatry & Mental Health held in November 2004 at Varanasi.*