

## BLS Course

| Time          | TOPIC  |
|---------------|--|
| 9:00-9:30     | Lesson 1: Course Introduction  |
| 9:30-9:45     | Lesson 1A: Life Is Why Activity (Optional)   |
| 09:45-11:00   | Lesson 2: 1-Rescuer Adult BLS<br>Part I: Adult Chain of Survival<br>Part II: Scene Safety and Assessment<br>Part III: Adult Compressions<br>Part IV: Pocket Mask<br>Part V: 1-Rescuer Adult BLS  |
| 11:00 – 11:15 | Tea Break  |
| 11:15-12:00   | Lesson 3: AED and Bag-Mask Device Part I: AED Part II: Bag-Mask Device   |
| 12:00-01:00   | 01:00 Lesson 4: 2-Rescuer Adult BLS  |
| 01:00-01:30   | Lunch Break  |
| 01:30- 01:45  | Lesson 5: Team Dynamics Part I: Team Dynamics Part II: Successful Resuscitation Teams  |
| 01:45- 02:00  | Lesson 6: High-Performance Teams Activity  |
| 02:00-02:15   | Lesson 6A: Local Protocols Discussion (Optional)   |
| 02:15-03:00   | Lesson 7: Child BLS Part I: Pediatric Chain of Survival Part II: Child BLS Part III: 2-Rescuer Child CPR   |
| 03:00-03:30   | Lesson 8: Infant BLS Part I: Infant BLS Part II: Infant Compressions<br>Part III: Bag-Mask Device for Infants Part IV: 2-Rescuer Infant BLS Part V: AED for Infants and Children Less Than 8 Years of Age<br>Lesson 9: Special Considerations<br>Part I: Mouth-to-Mouth Breaths<br>Part II: Rescue Breathing<br>Part III: Breaths With an Advanced Airway<br>Part IV: Opioid-Associated Life-Threatening Emergency |
| 03:30-04:00   | Lesson 10: Adult and Child Choking Part I: Relief of Choking in a Responsive Adult or Child Part II: Relief of Choking in an Unresponsive Adult or Child   |
| 04:00-04:15   | Break  |
| 04:15-04:30   | Lesson 11: Infant Choking Part I: Relief of Choking in a Responsive Infant Part II: Relief of Choking in an Unresponsive Infant  |
| 04:30-05:00   | Lesson 13: Exam<br>Lesson 14: Adult CPR and AED Skills Test<br>Lesson 15: Infant CPR Skills Test<br>Lesson 16: Remediation Part I: Skills Testing Remediation Part II: Exam Remediation  |

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14-03-2022

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## ACLS Course Sample Agenda

12 Students

2 ACLS Instructors

(2 Additional ACLS or BLS Instructors for Lessons 4 and 5)

Approximately 13.5 hours with breaks

| SNo | Time         | Topic   |
|-----|--------------|---|
| 1   | 08:30-08:45  | Welcome/Introductions   |
| 2   | 08:45-09:00  | Lesson 1 – ACLS Course Overview   |
| 3   | 09:00-09:15  | Lesson 2 – Course Organization  |
| 4   | 09:15-09:30  | Lesson 3 – BLS Primary Survey and ACLS Secondary Survey                               |
| 5   | 09:30-10:00  | <b>Lesson 4</b><br>Management of Respiratory , Arrest, Learning Station               |
| 6   | 10:00-10:30  | <b>Lesson 5</b><br>CPR Practice and Competency Test                                   |
| 7   | 10:30-11:00  | Group 1 Group 2   |
| 8   | 11:00-11:15  | Break   |
| 9   | 11:15-11:30  | Group 2 Group 1   |
| 10  | 11:30 -12:00 | Lesson 6 – Technology Review  |
| 11  | 12:00-01:00  | Lesson 7 – The Megacode and Resuscitation Team Concept                                |
| 12  | 01:00-01:30  | Lunch break   |
| 13  | 01:30-02:00  | <b>Lesson 8</b><br>Pulseless Arrest VF/VT<br>Learning Station                         |
|     |              | <b>Lesson 8</b><br>Pulseless Arrest VF/VT<br>Learning Station<br>1:00 Group 1 Group 2 |
| 14  | 02:00-2:30   | Lesson 9 – ACS  |
| 15  | 02:30-03:00  | <b>Lesson 10</b><br>Bradycardia/Asystole/PEA<br>Learning Station                      |
| 16  | 03:00-03:30  | <b>Lesson 11</b><br>Tachycardia, Stable and<br>Unstable<br>Learning Station           |
| 17  | 03:30-3:45   | Break   |
| 18  | 03:45-04:00  | <b>Lesson 11</b><br>Tachycardia, Stable and<br>Unstable<br>Learning Station           |
|     |              | Group 1 Group 2   |
|     |              | Group 2 Group 1   |
| 19  | 04:00-04:30  | Lesson 12.– Strok   |

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Day -2

| SNo | Time        | Topic  |
|-----|-------------|--|
| 1   | 8:30-10:30  | Putting It All Together<br>Learning Station<br>Group 1 Group 2           |
| 2   | 10:30-11:00 | <b>Lesson 11</b><br>Tachycardia, Stable and Unstable<br>Learning Station |
| 3   | 11:00-11:15 | Tea Break  |
| 4   | 11:15-12:00 | Lesson 14 – Course Summary and Testing Details                           |
| 5   |             |  |
| 6   | 12:00-01:00 | <b>Lesson 15</b><br>Megacode Test  |
| 7   | 01:00-01:30 | Lunch Break  |
| 8   | 01:30-02:00 | Group 1 Group 2 Practice   |
| 9   | 02:00-03:00 | Lesson 16 – Written Test   |
| 10  | 03:00-04:00 | Practical Exam   |
| 11  | 04:00-4:30  | Class Ends/Remediation   |

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