



# DEPARTMENT OF COMMUNITY MEDICINE AND PUBLIC HEALTH King George's Medical University UP Lucknow, Uttar Pradesh

## Women Changing Lives of Women and Children in Ten Adopted Villages of Sarojini Nagar, Lucknow

### Maternal Health: Issues

- \* Inadequate check-ups during pregnancy- 39.7%
- \* Non-institutional deliveries- 8.4%
- \* Women who faced domestic violence in post-partum period-21.2%
- \* Non-utilisation of family planning methods during postpartum period – 56.3%.
- \* Mothers consuming a diverse diet- 11%
- \* Mothers consuming Vitamin-A rich vegetables- 24%
- \* Mothers consuming dairy products- 25%
- \* Utilizing MTP service for inducing abortion- 52.7%



### Child Health : Issues

- \* Malnourished children under 2 years-39.3%
- \* Exclusively breastfed upto 6 months-42.7%
- \* Children who were breastfed within first hour of life-64%



### Health Education And Awareness



### Health Education And Awareness



### Training of Healthcare Workers



# 10 Adopted Villages

Natkur Dadupur Banthara  
Darogakheda Mulaikheda Mati  
Amberpur Pahadpur Pinvat Bani



### Family Survey



### COVID-19 - Vaccination

### Focus Group Discussion with ASHAs



### WASH: Issues

- \* Households without a toilet facility-18%
- \* Households practising unsafe disposal of children's faeces-56%



### Non-Communicable Diseases : Issues

- \* Women with adequate fruit and vegetable intake-94.6% 53.1%
- \* Overweight/Obese women-45.6%
- \* Hypertensive women- 53.1%
- \* Women who had heard of breast cancer- 53%
- \* Who do breast self-examination -19%



### Cervical Cancer Screening:

- \* 3 cervical cancer screening camps organised.
- \* Total 72 women screened
- \* 3 were referred to higher centre for management



### School Health:

- \* Awareness about Hand-washing practices, menstrual hygiene, vector borne diseases prevention



### Adolescent Health:



हर महिला का अधिकार।  
पूर्ण स्वास्थ्य, शिक्षा एवं रोजगार।।