

To help women, children, underprivileged and destitute of the society, we are running a program called 'Jan Jagriti' for which the website link is <http://janjagriti.in/eng/>. Under this, rural areas and school around the Lucknow are the beneficiary, we travel to these regions and provide free consultations and spread awareness on various general/ social issues and give them brief of the legal rights.

Our team of dentists (volunteers) organizes camps in rural areas in outskirts of the city Lucknow. We not only provide educational material such as leaflets/ pamphlets but also do the oral screening of oral pre-cancer/ cancer and initiate primary treatment (phase1 treatment). We focus on students of the school and their parents primarily who are mostly belongs to surrounding areas and also try to encourage other peoples in the surrounding areas by advertising it at local level.

Work done till date

1. Various camps in Primary schools on Child abuse, Oral cancer/ Pre Cancer, Oral hygiene and hand hygiene awareness were organized and Information and awareness for child abuse was carried out with the help of Audio/ video/pamphlets and Fluoride varnish applications in various camps to prevent dental caries. Nearly 5000 students were benefitted with this program in previous years.
2. Health Mela was organized where thousands of crowd was screened. We organized oral health awareness camp also.
3. Oral pre-cancer & cancer screening and Self-examination- Various camps was organized to impart knowledge pertaining to Cancer to the masses and importance of Self Examination at pre-cancer stage to prevent the conversion into cancer.
4. Tobacco cessation clinic: Tobacco chewing and smoking is the leading cause of preventable death among adults today. Much attention is given to motivate patients to quit smoking and chewing tobacco.

Under this program we have encompassed a large spectrum of issues, some of which are discussed below:

1. Cancer and pre- cancer awareness and screening: awareness and screening of such cases during routine check-up and guiding the patient towards next step. Awareness on adverse effects of tobacco and alcohol and how to quit.
2. Oral, hand and menstrual hygiene: Promoting and sharing tips on how to improve personal hygiene, distribution and removing taboo of sanitary napkin
3. Awareness regarding Child abuse/neglect: Educating children and their guardians on how to identify and prevent it, right and wrong touch, their rights and legal actions. Education children and their guardian regarding proper diet effects of malnutrition
4. Women safety and empowerment: self-defense training, promoting skill development and women education
5. Covid-19 awareness and tele-consultation program
6. Counseling for mental strength: in these difficult times, where we are confined within our home and many lost their loved one, we provide counseling for mental health.
7. Disaster management basic training: Educating and spreading awareness regarding disaster management and maintenance of a proper survival kits. last

Future plans

1. Jan Jagriti app: We are currently working through website and various social media platforms and with growing cause we working on creating an app dedicated for Jan Jagriti work.
2. Village Adoption: With great response in previous years, we are planning to adopt 2-3 villages from the adjoining regions of Lucknow. We have planned to adopt the villages where we are already implementing these programs.

3. Scholarship : We are even planning to help a bright student in their field of interest, education or innovation for its bright future.