

King George's Medical University U.P. Endocrine Surgery Department Lucknow-226003 Uttar Pradesh

Ref. No: - ENDO.SURG/2021/2/

Date: - 04/02/2021

Press Release

The Department of Endocrine Surgery at KGMU, Lucknow organized its monthly meeting of the Lucknow Breast Cancer support group on the occasion of World Cancer Day. The theme of today's meeting was "Lifestyle modification and healthy living" as a risk reduction strategy for cancer prevention. Professional compere and fitness enthusiast Ms. Anukriti Govind Sharma shared her views and experiences on Lifestyle modification for holistic Living. The talk was lively and Ms. Anukriti had simple suggestions that can be followed by all individuals irrespective of profession and social economic background. She stressed on thr concept of "Emotional Detoxification". Suggestions were sought from the survivors to make the newly launched website of LBSG (www.lbsg.com) more meaningful and user friendly for society and alike. Prof Anand Mishra patients and departmental faculties subsequently addressed the concerns of those connected. Timely presentation, continuous and complete treatment followed by regular follow up was stressed upon by hosts. It was emphasized that all routine services of the department and university are functional now with necessary precautions and one should not shy away from visiting the hospital as and when required. More than 80 persons logged in and made the celebrations a meaningful one.

> Dr. Anand Mishra (Professor & Head



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