



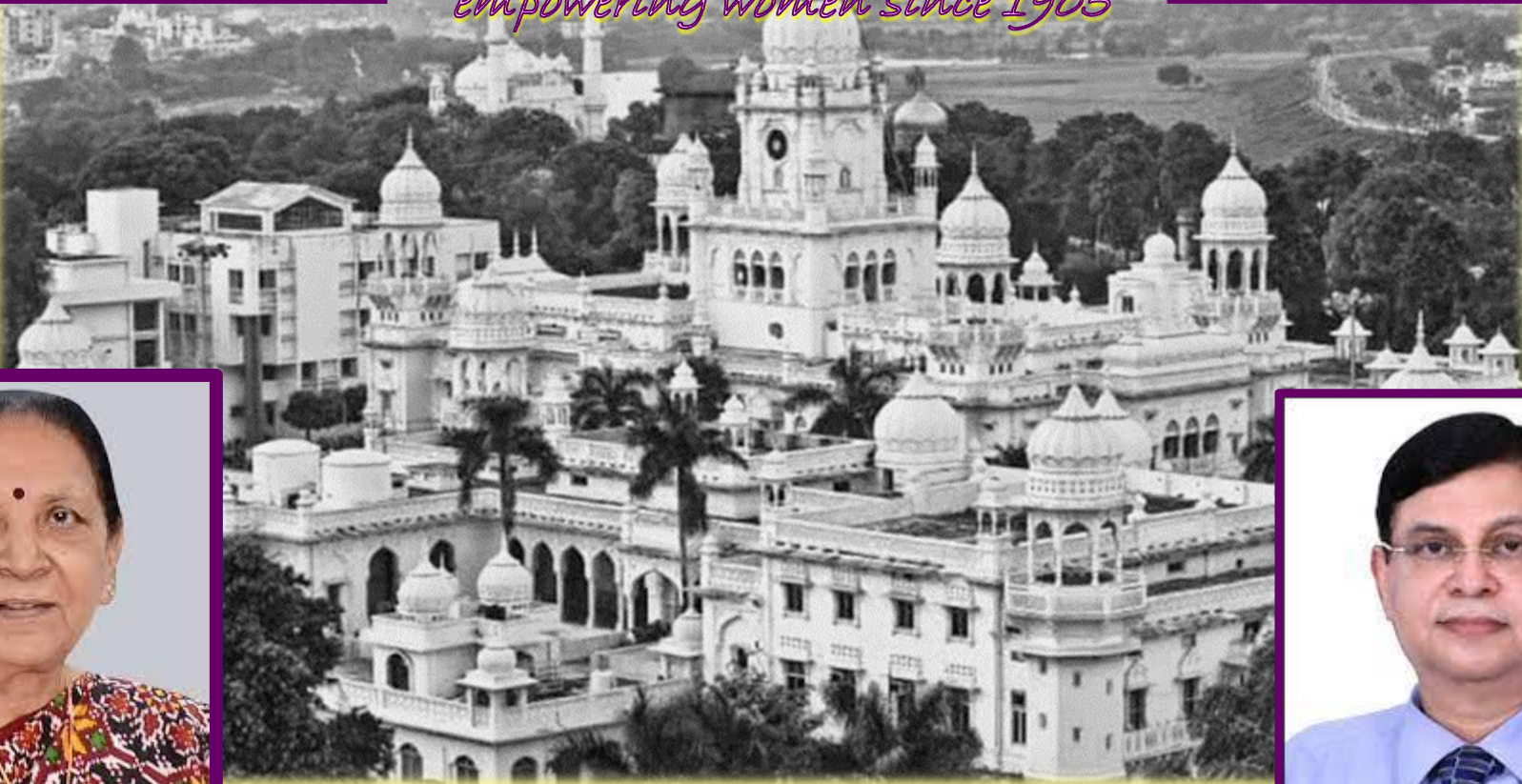
Annual Report



“Mahila Addhyan Kendra”
King George’s Medical University
Lucknow

King George's Medical University UP

empowering women since 1905



Smt. Anandiben Patel

Hon'ble Governor, Uttar Pradesh

CHANCELLOR



Lt. Gen. (Dr.) Bipin Puri

PVSM, VSM (Retd.)

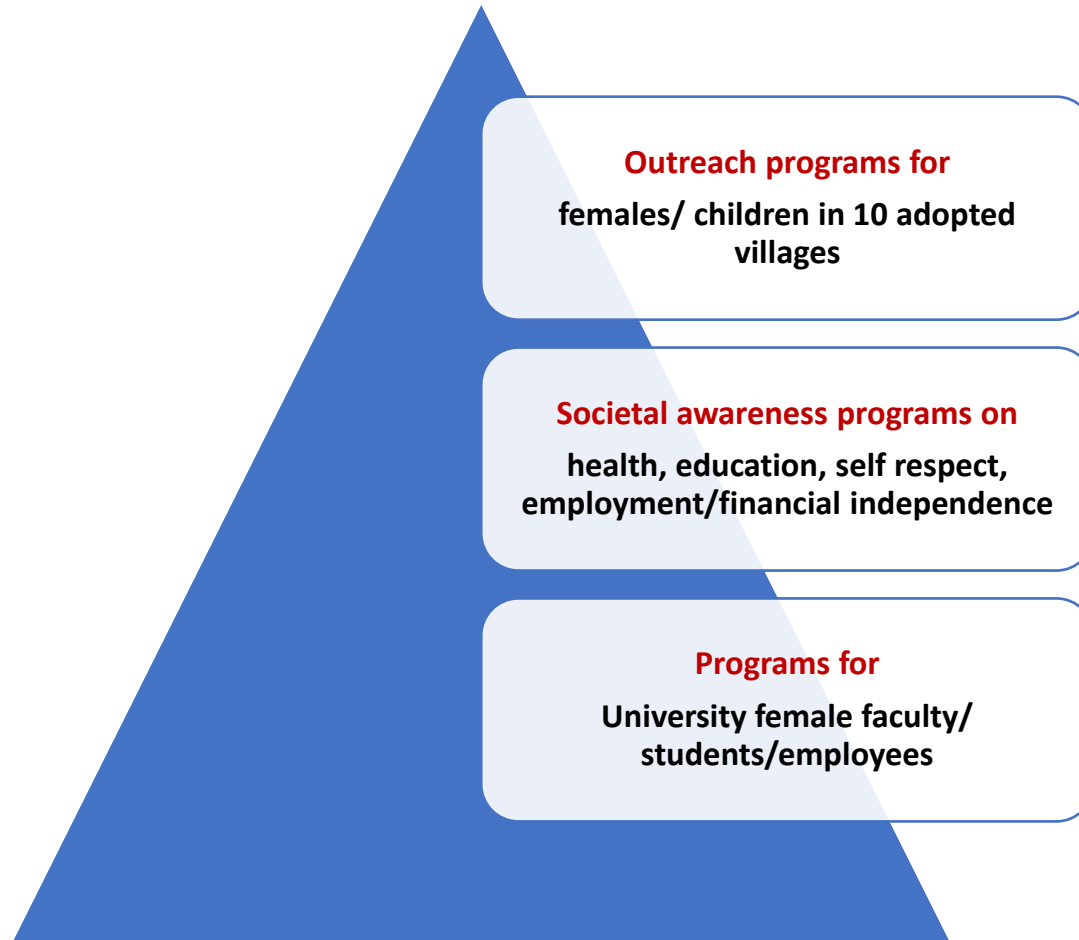
VICE-CHANCELLOR

Women empowerment activities (2021-2022)

Directions received from **Hon'ble Chancellor** to set up a dedicated "**Women Study Centre (Mahila Addhyan kendra)**" to promote education, health, self respect and financial independence among females.

The committee was formed to supervise and plan activities and events towards achievement of this mandate.

3-directional approach





© Can Stock Photo - csp34975023

Team-work



Nodal officer:

Prof Punita Manik

Co Nodal Officer:

Dr Rameshwari Singhal

Advisory Panel:

Prof Uma Singh
Prof Kirti Srivastava
Prof SPS Jaiswar
Prof Tulika Chandra
Prof Divya Mehrotra
Prof Shailly Awasthi
Prof Sujata
Prof Rajni Gupta

Working Committee:

Prof Vibha Singh	Dr Shuchi Tripathi
Prof Monica Agarwal	Dr Hemlata Verma
Prof Shalini Gupta	Dr Dipti Shastri
Dr Nisha Mani Pandey	Dr Parul Jain
Dr Gitika Nanda	Mrs Anugrah
Dr Shivanjali Raghuvanshi	

Part I

Outreach programs for
females/ children in 10 adopted villages

10 villages adopted by KGMU

Name of the Village	Household	Population
Mullahi Kheda	477	2359
Natkur	718	4141
Dadupur	260	1309
Bani	354	1770
Pahadpur	250	1260
Darogakheda	249	1640
Amber pur	216	1300
Miranpur Pinwat	178	1209
Sikanderpur	250	1165
Mati	220	1098
Total=10	3172	17,251

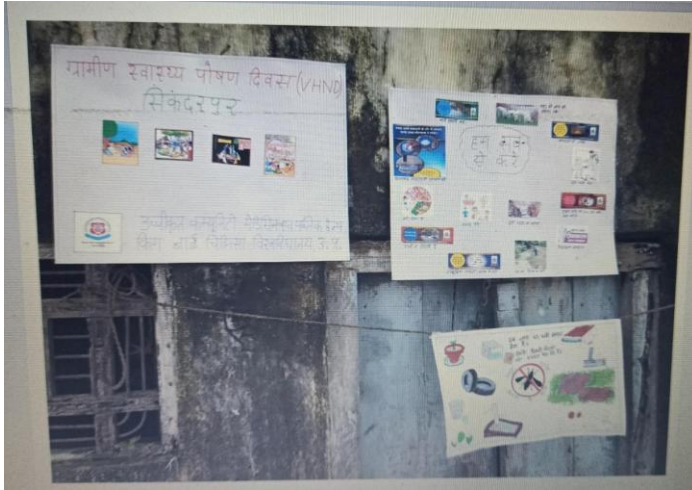
Outreach programs for females/ children in 10 adopted villages

Dr. Monica Agarwal (SPM) has been organising camps with students in the adoptive villages from time-to-time through *ANM and ASHA community health-workers*.

Camps had been planned in accordance with the scheme mentioned in the directive.

Awareness drives in collaboration with legal consultants, women right activists, socialists, and psychologists wereorganised to create awareness among rural women.

Glimpses of work done...



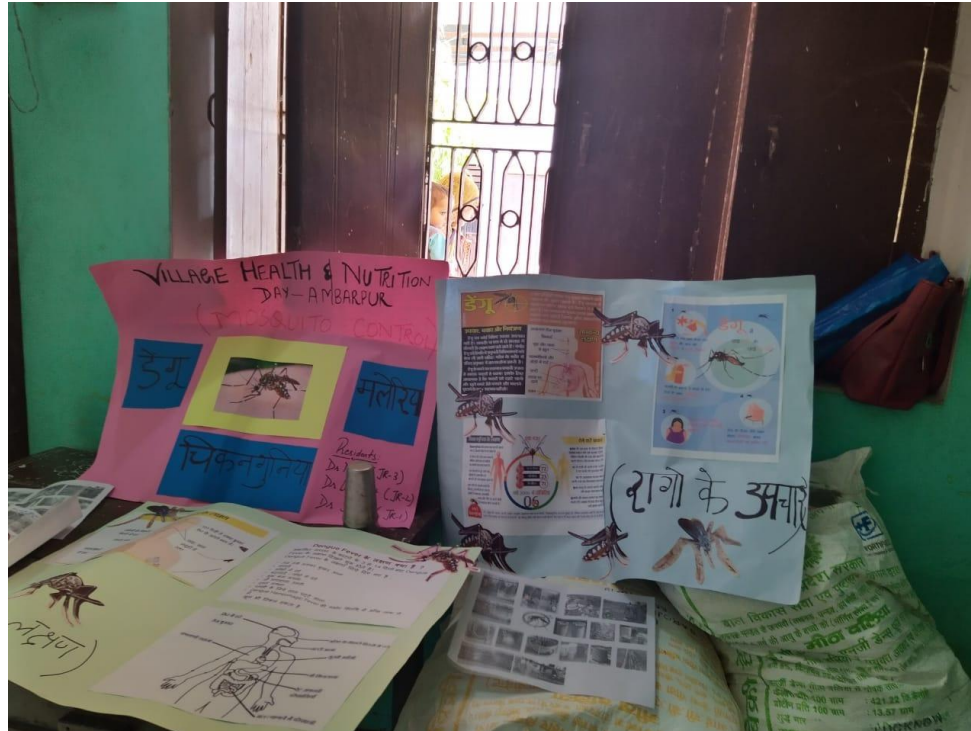
Importance of Heathy nutrition and awareness regarding Anaemia in children and females

Glimpses of work done...



Menstrual Hygiene

Glimpses of work done...



Importance of Hygiene, disease symptoms and cure

Glimpses of work done...



Child health check up camp

Glimpses of work done...



Plantation drive

Glimpses of work done...



Healthy Eating
habits in
children

Glimpses of work done...



Adult education for
females



Future initiatives:

Health camps on menstrual hygiene, malnutrition, anaemia, **tuberculosis, pregnancy and breast cancer** would also be organised by female faculty and students in these villages.

Awareness regarding financial health and investments will be given.

Part II

Societal awareness programs
**on health, education, self-respect,
employment/financial independence**

Faculty from KGMU involved in various women empowerment and health promotive activities

To name a few:

- Janjagriti abhiyan (general health and hygiene awareness)
- Nivedita (sewing school for socioeconomically weak females)
- Dhanvantri mahila udhyamita kendra (achaar, papad masala)
 - Adolescent health & menstrual hygiene initiatives
- Counselling and rehabilitation of child abuse/rape victims through **Samadhan initiative**
- Initiatives in collaboration with other NGO's like Arogya Bharti, Rotary club, etc.

Janjagriti Abhiyaan

(Dr Shalini Gupta)

Jan Jagriti Abhiyaan



मांसपेशियों और
थकान की
कमजोरी।

पूरे दिन और
ऊर्जा की
कमी है।



कुपोषण
और बीमारी
के लक्षण



संक्रमणों के
लिए बढ़ा खतरा।



कुछ रोगियों लगातार
दस्त या दीर्घकालिक
कब्ज से ग्रस्त हैं।



माहवारी अनियमति
या कुपोषण के
शिकार महिलाओं
में पूरी तरह से बंद
हो सकता है।

King Georges's
Medical University

-सामान्य बीएमआई
-त्वचा और बालों की
समस्याओं
-जीभ की सूजन
-मुँह के कोने के आसपास
घावों

-रात में या में गरीब दुष्ट
कपड़ों dimly जलाया
-सॉस लेने से संबंधित
-Tinnitus या गुलजार या कान में
बज रहा
-एनीमिया



UPCST project sanction letter: CST/SERPD/D-212

“To identify child abuse/ neglect, using dental odontology and malnutrition in school going children”

DST project sanction letter: CO/A/FP/G23/2019(G)

“Dentistry on wheel- Awareness/ onsite treatment program for Oral pre-cancer/ cancer for rural population near capital region of north Indian state Uttar Pradesh”

Nivedita Sewing school & Dhanvantri Mahila Udhyaamita Kendra (Dr Vibha Singh, Dr Shuchi Tripathi, Dr Rameshwari Singhal)



Women self-employment initiative for making Achaar, papad, masalas inaugurated on International women's day 2021





Breast Cancer Awareness and Survivors Program in Uttar Pradesh



Dr. Gitika Nanda Singh, Additional Professor, Department of General Surgery, King George's Medical University, U.P., Lucknow

CME and Hands on Training, KGMU



Agrim welfare foundation Breast Cancer Awareness & pride award ceromng in Rajkiya Balika Vidhyalaya, Nawabganj



RDSO Hospital, Alambagh



Department of General Surgery, KGMU, Lucknow



PNB zonal office



Aegis Limited, Lucknow



Isabella Thoburn Degree College



Navyug Kanya Mahavidyalaya



1090 office



Symposium On Breast Cancer



Chancellor Club Pink Ribbon Party



National Post-Graduate College



OPD awareness drive to patients



Foot march against molestation on the road

Publish Date: Tue, 09 Feb 2021 03:14 PM (IST) Updated Date: Tue, 09 Feb 2021 03:14 PM (IST)

राष्ट्रीय सड़क सुरक्षा माह के तहत मंगलवार को लखनऊ में केजीएमयू के दंत संकाय बलरामपुर अस्पताल डॉ राम मनोहर लोहिया अस्पताल एवं अटल बिहारी वाजपेई चिकित्सा विश्वविद्यालय लखनऊ विश्वविद्यालय व अन्य की तरफ से संयुक्त रूप से पैदल मार्च निकाला गया।



You tube channels to spread health awareness

<https://youtu.be/E8ab1zFfcL8>



हर माँ को ये वीडियो जरूर देखना चाहिए

- बच्चे के गिरने पर सिर में चोट आए तो क्या करें ?
- बच्चे के गिरने से शरीर का कोई हिस्सा उभर आए तो क्या करें ?
- गिरने पर बच्चे की कोई हड्डी टूटी हो जाए तो क्या करें ?

Dr. Ajay Singh

Deerghya Bhav 'The Health Mentra'

छोट लगने पर बच्चे का कैसा करे घर पर इलाज

[YOUTUBE.COM](https://www.youtube.com)
छोटे बच्चों को चोट लगने पर क्या करें ? How to cure child's minor injury at home?
Children Injury

Road Safety Week



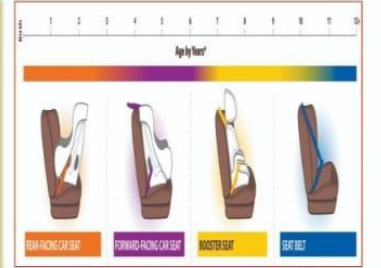
सड़क सुरक्षा सप्ताह

पीडियाट्रिक ऑर्थोपेडिक विभाग, के0जी0एम0यू0



यातायात के नियम

- सड़क यातायात नियमों का पालन करें।
- कृपया फुटपाथ अथवा सड़क की बाईं तरफ चले।
- सड़क पर चलते समय हमेशा बच्चों का हाथ पकड़े रहे।
- जेबरा क्रॉसिंग से ही सड़क पार करें।
- दोपहिया वाहन बिना हेलमेट ना चलाये।
- यदि दोपहिया वाहन में बच्चा भी सवार है तो सेफ्टी हारनेस का इस्तेमाल जरूर करें। वाहन चलाते समय मोबाइल का उपयोग नहीं करना चाहिए।



कार में सफर करते समय भी पिछली सीट पर बैठे बच्चों को सीट बेल्ट जरूर लगाये।



+91 94500 19566 ~Vinod Jain 😊

KGMU Goonj 89.6 FM

Road Traffic Accidents

Lt. Gen. (Dr.) Bipin Puri
FCM, USA
Vice-Chancellor
King George's Medical University, USA Lucknow

Dr. Chhitij Srivastava
Professor of Paediatrics
King George's Medical University, USA Lucknow

Dr. Vinod Jain
Executive Officer, CSC
Professor of Surgery
Dean, Society of Paediatric Sciences
King George's Medical University, USA Lucknow

Prevention from Road traffic Injuries | Dr. Chhitij Srivastava | KGMU Goonj 89.6 FM | ...
Road traffic Accident | Talk with Dr. Chhitij
youtube.com

<https://youtu.be/5fcRgpXFUmQ> 10:22 pm

Nukkad Natak to educate school children

KGMU in collaboration with National Service Scheme units of Avadh Girls' Degree College, Lucknow organized a “health check-up and nutrition awareness camp” for the students of Prathmik Vidyalaya




Community Feeding sponsored by KGMU faculty








Future initiatives:

Camps in schools and colleges

Consultation from different financial experts regarding finance related schemes.

 **Schemes under Ministry of Finance**
which have benefitted the women in India

 APY	 PMJJBY	 PMSBY
<ul style="list-style-type: none">It envisages a universal social security system for all Indians, specially the poor and the under-privileged by offering guaranteed minimum monthly pension of Rs. 1000 -Rs. 5000 at the age of 60 years.more than 93 lakh subscribers (43%) out of a total of around 2.15 crore subscribers under APY are women. (As on 22.02.2020)Enrolment of women under APY has shown a steady increase from 37% (December 2016) to 43% (February 2020).	<ul style="list-style-type: none">The objective of this scheme is to create a social security system for the poor and underprivileged in the age group of 18-50 years by providing a renewable life insurance cover of Rs.2 lakhs with just a premium of Rs.330.Under PMJJBY, 40.70% enrollments are of women members and 58.21% of claim beneficiaries are women. (As on 31.01.2020)	<ul style="list-style-type: none">The objective of this scheme is to provide a very affordable insurance scheme for the poor and underprivileged people in the age group of 18 to 70 years with a bank account at a premium of Rs.12 per annum; risk coverage of Rs.2 lakhs for accidental death and full disability and Rs.1 lakh for partial disability.Under PMSBY, 41.50% enrollments are of women members and 61.29% of claim beneficiaries are women. (As on 31.01.2020)

 FinMinIndia  @Finminn.goi  www.finmin.nic.in

Part III

**Programs for University female
faculty/students/employees**

Various competitive programs have been organised for faculty, students and employees

Focus: Encourage Extra-curricular activities
(cooking, baking, hobby courses)

Future plan: A corpus fund would be created to provide **Scholarships** for needful students towards buying of books and other necessary educative materials.

KGMU Institute of Paramedical Sciences

MISSION SHAKTI 2021

S.NO.	EVENTS	MONITORED BY/NAME OF FACULTY	NO. OF PARTICIPANTS
1.	Medical Treatment of Female Patients	Monitored By- Ms. Rachna Verma Guest Speaker - Dr. Gitika Nanda	220
2.	Training of Self defence for students	Monitored By- Ms. Shivangi Srivastava & Ms. Manjari Shukla	410
3.	Movie Show based on Women Empowerment	Monitored By- Ms. Shivangi Srivastava	410
4.	Culture Programme based on Women Empowerment	Monitored By- Ms. Veenu Dubey & Ms. Soniya Shukla	400
5.	Lecture on Self defence for females	Monitored By- Ms. Shivangi Srivastava Guest Speaker - Mrs. Puja Sikera	430

Medical Lecture and Training (Breast Cancer Awareness Program)



Training of Self Defence for Females



Movie Show based on Women Empowerment



Culture Program based on Women Empowerment: Tejaswini



Guest Lecture on Self Defence for Females

Guest Speaker:- Ms. Puja Sikera

Topic:- Awareness on Safety Tips & Laws



International Yoga day

21st June 2021

'International Yoga Day'
21st June, 2021
King George Medical University, Lucknow

Introductory Comment
Hon. VC Lt. Gen. (Dr) Bipin Puri
PVSM, VSM
Hon'ble Vice Chancellor, KGMU, UP

Welcome Note
Prof. Vineet Sharma
Prof. & Head, Orthopaedics
Pro Vice Chancellor, KGMU

Dialogues on
"Understanding the basics and scientific merits of
The Yoga, The Chakras & The Pranayama"

Moderator for The Yoga
Dr. Vibha Singh
Professor of OFMS

Moderator for The Chakras
Dr. Amita Pandey
Professor of Gyn. & Obs.

Moderator for The Pranayama
Dr. Vinod Jain
Professor of Surgery & Dean Paramedical

Speaker
Prof. Divakar Dalela
Prof. of Urology, KGMU

Join online platform by
Zoom Meeting as
Meeting ID : 959 7206 0346
Passcode : 1

Monday
21st June, 2021
5:00 PM

Under the Guidance from

Dean Medical Prof. Uma Singh
Dean Res. & Dev. Prof. Shalby Awasthi
Dean Dental Prof. R.K. Singh
Dean Nursing Prof. Apjit Kaur
Dean Qua. & Plan. Prof. Divya Malhotra
Dean Student Welfare Prof. R.K. Garg

Happy International Yoga day

Happy International Yoga Day 2021

21st June 2021

Doctor's Day

1st July 2021



The poster features a blue and green background with a large yellow star in the upper right. At the bottom, there are silhouettes of cyclists in various colors (red, green, orange, blue) riding their bikes. The text is arranged in a clear, hierarchical manner, starting with the university logo and name, followed by the event title and date, then the invitation, the event name, and the slogan. A yellow box highlights the patron's name, and another yellow box at the bottom lists the organizers.

KING GEORGE'S MEDICAL UNIVERSITY, UTTAR PRADESH, LUCKNOW, INDIA
SINCERITY SERVICE SACRIFICE

ATHLETIC ASSOCIATION KGMU
on the occasion of
Doctor's Day
1st JULY, 2021

Invites Faculty members, Residents, Students & Georgian alumni for

CYCLE RALLY
GO Healthy
GO Green

1 JULY, 2021
TIME: 6:30 AM
STARTING POINT:
SP GROUND,
KGMU

**Participants to kindly assemble at SP Ground, KGMU by 6 AM*

Patron
Lt. Gen. (Dr.) Bipin Puri
VICE CHANCELLOR

President
Prof. A.P. Tikku

Vice President
Prof. Rashmi Kushwaha

Secretary
Dr. Anjani Pathak

Co-ordinators
Prof. Chhitij Srivastava
Proctor

Prof. Pavitra Rastogi
Asst Dean Student Welfare

Athletic events



Mahila Utpidan Nivaran Samiti

एतद्द्वारा मुझे यह सूचित किये जाने का निदेश हुआ है कि कुलपति कार्यालय आदेश संख्या KGMU/VC/108/March 06,2020 में आशिक संशोधन करते हुए डा0 सुनिता तिवारी, विभागाध्यक्ष फिजियोलॉजी विभाग एवं अध्यक्ष, महिला उत्पीड़न निवारण समिति के दिनांक 21.01.2022 को सेवानिवृत्त होने के कारण डा0 अमिता जैन आचार्य एवं विभागाध्यक्ष, माइक्रोबयोलॉजी विभाग को डा0 सुनिता तिवारी के स्थान पर महिला उत्पीड़न निवारण समिति (Internal Complaints Committee) का अध्यक्ष (Presiding Officer) नामित किये जाने की माननीय कुलपति महोदय ने सहर्ष स्वीकृति प्रदान कर दी है। Internal Complaints Committee निम्नवत् है:-

01	Professor Amita Jain Head, Department of Microbiology	Presiding Officer
02	Mrs. Usha Awasthi Social Activist 1/112, Vijay Khand-1, Gomti Nagar, Lucknow	Member (NGO)
03	Prof. Rekha Sachan, Department of Obst. & Gynaecology	Member
04	Prof. Sujata, Department of Obst. & Gynaecology	Member
05	Prof. Mausmi Singh Department of Forensic Medicine	Member
06	Prof. Chhitiz Srivastava, Proctor	Member-Convenor
07	Prof. Sameer Mishra Faculty In-charge, Legal Cell	Ex-officio Member

कृपया तदनुसार कार्यवाही करने की कृपा करें।

Pink Think

I've invited you to fill out a form:

Pink Think-Problems and Challenges faced by the female members of the University (Faculty/ Employees/ Students)

As you all are aware that, after approval of our hon'ble Vice chancellor, we are organizing different events throughout the week on the occasion of Women's Day this year. In this sequence, one day, knowing the various problems of the women members, a program has been kept for their suitable redressal. This program is named as Pink Think. After knowing the problems of the women members of our university, the problems will then be presented to the Hon'ble Vice-Chancellor and request will be made to resolve them. So that any problem/ obstacles in study, research or any other work can be eliminated. This will not only enhance quality of life and skills of our University females but will also help in enhancing the harmony and goodwill of the University. To understand the problems, we are sharing a google form with you, without hesitation, you can describe your appropriate problems, your identity will be completely confidential.

जैसा कि आप सभी जानते हैं कि, माननीय कुलपति महोदय के अनुमोदनोपरान्त, हम इस वर्ष महिला दिवस के अवसर पर पूरे सप्ताह अलग-अलग कार्यक्रम आयोजित कर रहे हैं। इसी क्रम में एक दिन महिला सदस्यों की विभिन्न समस्याओं को जानकर उनके समुचित समाधान का कार्यक्रम रखा गया है। इस कार्यक्रम का नाम पिंक थिंक रखा गया है। हमारे विश्वविद्यालय की महिला सदस्यों की समस्याओं को जानने के बाद, समस्याओं को माननीय कुलपति के समक्ष प्रस्तुत किया जाएगा और उन्हें हल करने का अनुरोध किया जाएगा। ताकि अध्ययन, शोध या किसी अन्य कार्य में आने वाली किसी भी समस्या/बाधाओं को दूर किया जा सके। यह न केवल हमारे विश्वविद्यालय की महिलाओं के जीवन की गुणवत्ता और कौशल को बढ़ाएगा बल्कि विश्वविद्यालय के सद्भाव और सद्भावना को बढ़ाने में भी मदद करेगा। समस्याओं को समझने के लिए हम आपके साथ एक Google फॉर्म साझा कर रहे हैं, बिना किसी द्विचक्राहत के आप अपनी उचित समस्याओं का वर्णन कर सकते हैं। आपकी पहचान पूरी तरह गोपनीय होगी।

ADOPTS

REACH



A picnic for female employees, students and faculty will be organised annually to nearby places.

New Initiatives:

- Pink Think