First study on 'Delhi Belly'

A study on disease patterns in air travellers by Dr BK Singh, Senior Medical Officer, IGI Airport conducted through 2003 by the Airport Authority of India at the Indira Gandhi International airport revealed that Delhi Belly or traveller's diarrhoea was the most common disorder among air travellers, and showed up interesting data regarding an individual's capacity to tolerate adverse climates and diverse food. The study was expected to open further avenues for research on stress, in particular aero-nomadic stress complex.