

# DEPARTMENT OF RADIO THERAPY, K. U. M. V. Lucknow

## Learning outcome:

1. To know needs of cancer patients in terms of oncology care
2. Management of different malignancies with both curative and palliative intentions
3. Research project in form of thesis and publication of research.
4. Knowledge of statistical methods used in analysis of clinical data, Descriptive and Analytical Epidemiology
5. Knowledge of Radiation techniques in detail
6. Knowledge of Radiation physics
7. Knowledge of Radiation biology
8. Knowledge of chemotherapy and targeted therapy
9. Knowledge of genetic and Molecular Oncology
10. Planning and setting up specialty department of radiotherapy and oncology
11. Knowledge of palliative care
12. Knowledge of medical education technology for training of undergraduate and paramedical staff
13. Knowledge of preventive oncology
14. Knowledge of different government schemes and program of cancer care
15. Public awareness about etiology of cancer & tobacco control.
16. Collaborative clinical oncology care and cancer research.
17. Tele -radiotherapy teaching and training in Radiotherapy.

## Syllabus:

### 1. Basic sciences curriculum

#### (a) Anatomy

- Knowledge of surface anatomy pertaining to Oncology
- Detailed knowledge of the anatomy of all organs
- Detailed knowledge of the blood supply & venous drainage of all regions
- Detailed knowledge of the lymphatic system, blood supply and nervous drainage of all regions
- Practical familiarity with the radiographic appearance of important regions
- Cross sectional anatomy

#### (b) Pathology

##### I. General Pathology

- Definitions of & distinction between different types of growth disorders (i.e. distinction among metaplasia, hyperplasia, hypertrophy, regeneration, malformation, metaplasia, anaplasia & neoplasia)

##### II. Systemic Pathology

### Malignant transformation–

- Initiation & promotion stages of carcinogenesis
- Mode of origin - monoclonal, polyclonal, unifocal multifocal
- Structural & functional changes in the cellular components.

- Etiology, mechanisms of carcinogenesis, known types of carcinogens & their effects upon the cell. The relative importance of different factors in the causation of human cancer.
- Rate of growth, methods of measurement
  - Factors affecting growth rate
  - Mechanisms of spread
  - Local effects of tumors
  - Local & systemic reactions to tumors
  - Effects of therapy on tumors & normal tissues
- Criteria for tumor diagnosis - macroscopic, histological & cytological uses & value of biopsy material
- Classification of tumors - histogenic, histological, behavioural & immunological
- Nomenclature - solid tumors, lymphomas, leukemias
- Structure & organization of tumors - vascular supply, stroma etc.
- Systems of grading
- Endocrine aspects of malignancy:- production of hormones by tumors, effect of hormones on tumors, paracrine effects of tumors
- Paraneoplastic syndromes

## **Etiology of cancer**

- Genetic predisposition, congenital syndromes
- Chromosomal abnormalities, hereditary tumours
- Protooncogenes, oncogenes, tumor suppressor genes, viruses & malignancy
- Multifactorial causation
- Nutritional aspects in cancer causation and prevention.
- Biological - protozoal, bacterial, viral
- Chemical - Classes of carcinogenic chemicals, smoking
- Physical - trauma, irradiation
- Common occupational cancers.

## **Tumor immunology**

- Organization & development of the immune system
- Cellular basis of immunity
- Tumor immunity, tolerance, enhancement
- Immune surveillance hypothesis
- Immunological markers in diagnosis & monitoring
- Experimental & clinical immunotherapy
- The HLA systems

### III. Tumour markers

#### (c) Radiological Physics

##### Structure of Matter

Constituents of atoms, Atomic and mass numbers, Atomic and mass energy units, Electron shells, Atomic energy levels, Nuclear forces, Nuclear energy levels. Electromagnetic radiation, Electromagnetic spectrum, Relationship between Wavelength, Frequency, Energy

##### Nuclear Transformations

Natural and artificial radioactivity isotopes isobars and isotones, Decay constant, Activity, Physical, Biological and Effective half-lives, Mean life, Decay processes, Radioactive series, Radioactive equilibrium

##### Production of X-rays

The X-ray tube, Physics of X-ray production, Continuous spectrum, Characteristic spectrum, Efficiency of X-ray production, Distribution of X-rays in space, Specifications of beam quality, Measurement of beam quality, Filters and filtration overview of X-rays image formation

##### Interaction of radiation with matter

Attenuation, Scattering, Absorption, Transmission, stopping power Attenuation coefficient, Half Value Layer (HVL), Energy transfer, Absorption and their coefficients. Photoelectric effect, Compton Effect, Pair-production, Relative importance of different attenuation processes at various photon energies, (RBE) Electron interactions with matter: Energy loss mechanisms- Collisional losses, Radioactive losses, Ionization, Excitation, Heat production, Delta rays, Polarization effects, Scattering, Stopping power, Absorbed dose, secondary electrons interaction of neutrons and other heavy ions with matter interactions of charged particles: Ionization vs. Energy, Stopping power, Linear Energy Transfer (LET), Bragg curve, Definition of particle range

##### Measurement of radiation

Radiation Detectors: Gas, Solid-state, Scintillation, Thermoluminescence, Visual Imaging (Film, Fluorescent screens), and their examples

##### Exposure, Dose, Kerma

Definitions, Units (Old & New), Inter-relationships between units, Variation with energy and material. Measurement of exposure (Free air chamber, Thimble chamber), Calibration of therapy beams: Concepts, Phantoms, Protocols (TG21, TG43, IAEA TRS-277/398, TG 51) Dose determination in practice (*brief outline only, details not required*)



## **Radiotherapy Equipment**

Grenz ray, Contact, Superficial, Orthovoltage or Deeptherapy,Supervoltage, Megavoltage therapy. Therapy and diagnostic X-ray units - comparison.Filters, factors affecting output, principles of cooling.Betatrons.

**Co-60 units:** Comprehensive description of the unit, Safety mechanisms, Source capsule

**Linear accelerators:** History, Development, Detailed description of a modern, dual mode linear accelerator, Linac head and its constituents, Safety mechanisms, Computer controlled linacs, Record and Verify systems FFF,RTRT and other newer modalities Relative merits and demerits of Co-60 and linac units

**Simulators:** Need, applications detailed description of a typical unit, Simulator CT

## **Basic ratios, Factors, Dose distributions, Beam modifications and Shaping inTeletherapy beams**

- Characteristics of photon beams: Quality of beams, Difference between MV and MeV. Primary and scattered radiation.
- Percentage depth dose, Tissue-Air Ratio, Scatter Air Ratio, Tissue-Phantom Ratio, Tissue Maximum Ratio, Scatter Maximum Ratio, Back Scatter Factor, Peak Scatter, Factor, Off-Axis Ratio, Variation of these parameters with depth, field size, sourceskindistance, beam quality or energy, beam flattening filter, target material. Centralaxis depth dose profiles for various energies.
- Equivalent square concept, Surface dose (entrance and exit), Skin sparing effect, Outputfactors

## **Practical applications**

- Co-60 dose calculations (SSD, and SADtechnique),Acceleratorcalculations (SSD, and SAD technique)
- Beam profiles, Isodose curves, Charts, Flatness, Symmetry, Penumbra (Geometric,Transmission, and Physical), Field size definition
- Body inhomogeneities: Effects of patient contour, Bone, Lung cavities, Prosthesis ondose distribution. Dose within bone / lung cavities, Interface effects, Electronicdisequilibrium
- Beam modification devices Wedge filters and their use, Wedge angle, Wedge Factors, Wedge systems (External,In-built Universal, Dynamic / Virtual), Wedge isodose curves
- Other beam modifying and shaping devices: Methods of compensation for patientcontour variation and / or tissueinhomogeneity - Bolus, Buildup material, Compensators,Merits and Demerits. Shielding of dose limiting tissue: Non-divergent and Divergentbeam blocks, Independent jaws, Multileaf collimators, microleaf ,Merits and Demerits

## Principles of Treatment Planning - I

- Treatment planning for photon beams: ICRU 50,62,83,110 and NACP terminologies. Determination of body contour and localization: Plain film, Fluoroscopy, CT, MRI, fMRI, PET-CT, SPECT-CT, Ultrasonography, Simulator based partial blocked fields and specialised field treatment.
- Methods of correction for beam's oblique incidence, and body inhomogeneities
- SSD technique and isocentric (SAD) technique: Descriptions and advantages of SAD technique
- Combination of fields: Methods of field addition, Parallel opposed fields, Patient thickness vs. Dose uniformity for different energies in a parallel opposed setup, Multiple fields (3 fields, 4 field box and other techniques). Examples of above arrangements of fields in SSD and SAD techniques, Integral Dose
- Wedge field technique, Rotation Therapy (Arc, and Skip), Tangential fields. Beam balancing by weighting. Total and hemi-body irradiation. Field junctions abutment, comparison between manual and computer based planning

## Principles of treatment planning – II

- Limitations of manual planning. Description of a treatment planning system (TPS): 2D and 3D TPS. Radiation beam library, DICOM systems. Beam data input, Patient data input (simple contour, CT, MR data, Advantages of transfer through media), Input devices (Digitizer, floppies, DAT devices, Magneto-optical disks, direct link with CT, MR). Beam selection and placement, Beam's Eye View (BEV), Dose calculation and display (Point dose, Isodose curves, Isodose surfaces, Colour wash). Various Plan algorithms (pencil beam, Monte Carlo, convolution) optimization, Plan evaluation tools: Dose-Volume Histograms (Cumulative and Differential), biological dose comparison (TCP, NTCP, BED, EUBD) Hard copy output, Storage and retrieval of plans.
- *Alignment and Immobilization*: External and internal reference marks, Importance of immobilization in radiotherapy, Immobilization methods (Plaster of Paris casts, Perspex casts, bite block, shells, head rests, neck rolls, Alpha-Cradles, Thermoplastic materials, polyurethane foams), Methods of beam alignment (isocentric marks, laser marks, and front/back pointers).
- Treatment execution: Light field, Cross hair, ODIs, Scales in treatment Machines.
- Treatment verification: Port films, Electronic portal imaging devices, In-vivo patient dosimetry (TLD, diode detectors, MOSFET, Film, etc) Changes in patient position, target volume, and critical volume during course of treatment

## Electron Beam Therapy

- **Production of electron beams**: Production using accelerators, **Characteristics of electrons**. Surface dose, percentage depth dose, beam profiles, Isodose curves and charts, **Flatness and Symmetry**. Beam collimation, variation of percentage depth dose and output with field size, and SSD, photon contamination. Energy



spectrum, Energy specification, variation of mean energy with depth. Suitability of measuring instruments for electron beam dosimetry

- Treatment planning: Energy and field size choice, air gaps, and obliquity, Tissue inhomogeneity – lung, bone, air filled cavities. Field junctions (with either electron or photon beam). External and internal shielding. Arc therapy, Use of bolus in electron beam
- Total Skin Electron Irradiation, Intra-operative Radiation Therapy

### Physical Principles of Brachytherapy

- Properties of an ideal brachytherapy source, Sources used in brachytherapy: Ra-226, Cs-137, Ir-192, Au-198, Co-60, I-125, I-123, Sr-90, Yt-90, Ru-106, Ta-182, Cf-252 and other new radionuclides, Their complete physical properties, Radium hazards. Source construction including filtration, comparative advantages of these radionuclides.
- Historical background. Radiation and Dose units: Activity used, Exposure, Absorbed Dose, mg-hr, curie, milli-curie, milligram Radium equivalent, roentgen, rad, gray. Source strength specification, Brachytherapy Dose calibrator

**Techniques:** Pre-loaded, after loading (manual and remote), Merits and Demerits. Surface, Interstitial, Intracavitary, Intraluminal, Intravascular brachytherapy. Low, Medium, High and Pulsed dose rates. Remote after loading machines, Detailed description of any one unit

- **Dosage systems:** Manchester System (outline only), Paris System (working knowledge)
- **Treatment Planning:** Patient selection, Volume specification, Geometry of implant, Number, Strength and Distribution of radioactive sources, Source localization, Dose calculation, Dose rate specification, Record keeping. ICRU 38, ICRU 58, image based planning
- **Radiation Safety:** Planning of brachytherapy facility, Rooms and equipment, Storage and Movement control, Source inventory, Disposal, Regulatory requirements
- Beta-ray brachytherapy including methods of use, inspection, storage and transport of sources, dose distribution
- **Unsealed radionuclides:** Concepts of uptake, I-131, Tc-99m and other isotopes distribution and elimination, Activities used in clinical practice, Estimation of dose to target tissues, and critical organs, Procedures for administering radionuclides to patients BNCT, PDT

### Quality Assurance in radiotherapy (QART)

Overview of ESTRO QART: Need for a quality system in Radiotherapy, Quality System:

Definition and practical advantages, Construction, Development and Implementation of a Quality System  
Quality Assurance of Simulator, TPS, Co-60, linear accelerator, brachytherapy  
Acceptance testing of Simulator, TPS, Co-60, linear accelerator brachytherapy

### **Radiation Protection and Regulatory Aspects**

**Statutory Framework:** Principles underlying International Commission on Radiation Protection (ICRP) recommendations. ICRP and National radiation protection i.e. Atomic Energy Regulatory Board (AERB) standards. Effective dose limits (ICRP and AERB ICRP 60, 90, 110).

**Protection mechanisms:** Time, Distance and Shielding. Concept of "As Low As Reasonably Achievable" (ALARA)

**Personnel and Area Monitoring:** Need for personnel monitoring, Principles of film badge, TLD badge used for personnel monitoring. Pocket dosimeter. Need for area monitoring, Gamma Zone monitors, and Survey meters

**Regulatory aspects:** Procedural steps for installation and commissioning of a new radiotherapy facility (Teletherapy and Brachytherapy). cancer control program of government of India under the provisions of non-communicable disease Type approval of unit, Site plan, Layout of installation / Associated facility: Primary, Secondary barriers, leakage and scattered radiation. Regulatory requirement in procurement of teletherapy/brachytherapy source(s). Construction of building, Qualified staff, Procurement of instruments, and accessories, Installation of unit and performance tests, Calibration of unit, RP&AD approval for clinical commissioning of the unit.

**Other regulatory requirements:** Regulatory consent, NOCs, Periodical Reports to AERB and Radiological Physics and Advisory Division (RP&AD), Bhabha Atomic Research Centre (BARC) and AERB.

### **Advancements in Radiation Oncology:**

**Virtual Simulation:** Principle, CT-Simulation, TPS based virtual simulation, Differences, Merits and Demerits, Practical considerations

**Conformal radiotherapy (CRT):** Principles, Advantages over Conventional methods, Essential requirements for conformal radiotherapy. Image fusion, Biological target volume.

#### **Various methods of CRT:**

1. With customized field shaping using conventional coplanar beams
2. Multiple non-coplanar MLC beams conforming to target shape
3. Stereotactic radiotherapy
4. Principle of inverse planning and Intensity Modulated Radiation Therapy (IMRT)
  - Using 3D compensators
  - Static IMRT (Step and shoot technique)
  - Dynamic IMRT (sliding window technique)

- Dynamic arc IMRT, IGRT, VMAT, RTTRT (Real time respiratory gated radio therapy)
- Micro-MLC
- Tomotherapy methods
- 5. Time gated (4D) radiotherapy

Merits and demerits of IMRT

Stereotactic irradiation methods: Physics principles, Techniques, Description of Units (Gamma

Knife and Linac based-Cyber Knife), Merits and demerits, Stereotactic Radiosurgery (SRS) and Stereotactic Radiotherapy (SRT), Whole body stereotactic frame

Networking in radiotherapy: Networking of planning and treatment units in a radiotherapy department including Picture Archival Communication System (PACS), Advantages, Patient Data Management DICOM based RT, Remote RT Planning

#### (d) Clinical Radiobiology and Molecular Biology

- Introduction to Radiation Biology.
- Radiation interaction with matter.
  - Types of radiation.
  - Excitation and ionization. Radiation chemistry: direct and indirect effects, free radicals, oxygen effect ratio (OER) and free radical scavengers, LET and RBE theory, dual action theory, intracellular repair, general knowledge of repair models.
- Introduction to factors influencing radiation response
  - **Physical factors:** dose, dose quality, dose rate, temperature
  - **Chemical factors:** Oxygen, radio sensitizers, radio protectors
  - **Biological factors:** type of organism, cell type and stage, cell Density and configuration, age, sex.
  - **Host factors:** Partial or whole body exposure.
    - Relevance of radiation biology to radiotherapy
    - Interaction of ionizing radiation on mammalian cells.

#### The cell

structure and function; relative radiosensitivity of nucleus and cytoplasm, mitosis, cell cycle, principles of DNA, RNA and protein synthesis, radiation effects on DNA, strand breakage and repair, common molecular biology techniques.

#### Cell injury by radiation

Damage to cell organelle like chromatids, chromosomes; interphase death, apoptosis, mitotic death, micronucleus induction, SLD, PLD. Oxygen effect: mechanism, hypoxia, OER, reoxygenation in tumors, significance in radiotherapy. Dose rate. Brachytherapy sources including Cf-252. Radiobiology of



low, high dose rate & pulsed brachytherapy, hyperfractionation, significance in radiotherapy.

Effects of low LET and high LET radiation on cell. Cell survival curves.

Effect of sensitizing and protective agents. Dose modifying factors and their determination. Variation of response with growth and the progression of cell through the phases of cell cycle.

Physical factors influencing cell survival; relative biological effectiveness (RBE); its definition and determination, dependence upon linear energy transfer, dose, dose rate and fractionation. Hyperthermic and photodynamic injury.

Biological hazards of irradiation; dose protection and LET, effects on the embryo and the fetus, life shortening, leukaemogenesis and carcinogenesis, genetic and somatic hazards for exposed individuals and population. Biological basis of radiological protection.

- Organ radiosensitivity and radio responsiveness, concept of therapeutic index.

- Acute effects on Radiation

- ❖ Concept of mean lethal dose
- ❖ Radiation Syndromes: BM, GI, CNS, cutaneous
- ❖ Suppression of immune System: mechanism, consequences
- ❖ Total Body irradiation
- ❖ Biological dosimetry: Blood counts, BM mitotic index. Chromosome aberrations in peripheral blood lymphocytes
- ❖ Radiation accidents: typical examples

- Radiation Effects on Major Organs/tissues

Acute & late effects on all normal organs & tissues including connective tissue, bone marrow, bones, gonads, eye, skin, lung, heart, central nervous system tissues, peripheral nerves, esophagus, intestine, kidney, liver & thyroid with special reference to treatment induced sequelae after doses employed in radiotherapy

Normal tissue tolerances

- Late effects of radiation (somatic)

Sterility; cataracts and cancer

Carcinogenesis: mechanisms in vitro and in vivo, oncogenes and anti-oncogenes Radiation induced cancer of occupational, medical or military origin Recent controversial results for low level exposure, risk estimates

- Late Effects of Radiation (Genetic)

**Mutations:** definition, types, potential hazards.

Low level radiation: sources, potential hazards, stochastic and deterministic (nonstochastic) effects, high background areas and cancer.

- Effects of Radiation on Human Embryo & Fetus

Lethality, congenital abnormalities and late effects (Leukemia and childhood cancer), severe mental retardation. Doses involved.

- **Biology and Radiation Response of Tumors**

Tumor growth; kinetics of tumor response. Growth fraction, cell loss factor. Volume doubling times, potential volume doubling times, repopulation, and accelerated repopulation.

Radiocurability: definition, factors involved, tumor control probability curves. Factors determining tumor regression rates. Causes of failure to control tumors by radiation: tumor related, host related technical/mechanical errors. Relationship between clonogen numbers and tumor control probability. Local tumor control and impact on survival.

- **Applied Radiobiology**

Fractionation: rationale, factors involved (4 R's).

Time, dose, and fractionation relationship: isoeffect curves, isoeffect relationships, e.g. NSD, CRE, TDF formalisms and their limitations, partial tolerance, means of summing partial tolerance, steepness of dose response curves.

Multi-target, two component and linear quadratic model.  $\alpha/\beta$  ratios for acute and late effects and means of deriving these values.

Isoeffective formulae. Clinical applications of the L-Q model, hyperfractionation, accelerated fractionation, hypofractionation, CHART, split dose treatments. Concept of BED, EUBED, TCP, NTCP.

Brachytherapy- low dose rate, high dose rate and pulsed treatments.

Introduction to new techniques to optimize radio-curability; combination therapy (adjuvant surgery or chemotherapy), hyperthermia, hypoxic cell radio-sensitizers, high LET radiation.

Photodynamic therapy. Image based brachytherapy

The volume effect, general principles and current hypotheses.

Shrinking Field technique.

- ✓ **Combination Radiation -Surgery**

Pre-, post- and intra-operative radiation.

Rationale, radiobiological factors, current clinical results.

Irradiation of sub-clinical disease, debulking surgery, importance of clonogen numbers.

- ✓ **Combination Radiation -Chemotherapy**

Definitions of radiosensitizer, synergism, potentiation, antagonism.

- ✓ **Radiosensitisers: types, mechanism.**

- ✓ **Hyperthermia**  
Sources, rationale (historical examples), advantages and disadvantages, thermotolerance.
- ✓ **Cellular damage: comparison and contrast with radiation, thermal and non-thermal effects of ultrasound, microwaves, radiofrequency, etc. General host responses (immunology, metastases). Use along with radiotherapy and chemotherapy: optimum sequencing of combined modalities. Current limitations to the clinical use of hyperthermia.**  
Course and High LET Radiation  
Comparison and contrast with low LET radiation.
- ✓ **Neutrons: source (including Cf252) and boron neutron capture (outline only). Advantages and disadvantages of neutrons, RBE values, hazards of low dose and low energy neutron, use in radiotherapy, combination with low LET, current clinical results.**  
Other high LET particles: protons, mesons, high-energy heavy nuclei, application to radiotherapy, current clinical results. Clinical application of protons therapy.

#### **(e) Clinical trials - Statistical basis for planning & interpretation**

##### **Clinical Trials**

- Advantages & disadvantages
- Retrospective & prospective studies
- Controlled & uncontrolled trials
- Single-blind & double-blind studies
- Phase I, II & III trials
- Ethics (Helsinki declaration), ICH, GCP, ICMR guidelines.

##### **Planning a trial**

- Establishing objectives- short term and long term
- Determining the appropriate criteria.
- Establishing grounds for inclusion and exclusion of patients
- Determining how many treatment schedules are to be completed
- Determining the treatment schedules and any appropriate modifications
- Determining the method of allocation of treatments; the allocation ratio and the method and timing of randomization
- Determining what measures are to be taken, how they will be taken, who will take them, at what time(s) and where they will be recorded
- Designing the appropriate forms of documentation
- Determining the proposed duration of the trial, either in terms of a fixed closing date, or the entry of a pre-determined number of patients.
- Establishing conditions under which the trial may be terminated earlier than planned & procedures for detecting these conditions.



- Re-assessing the proposed trial in terms of ethics, appropriateness to the short & long term objectives, feasibility & the availability of resources.
- Writing the protocol
- Running a pilot study

## 2. Clinical Radiotherapy

- ✓ Cancer Epidemiology & Etiology
  - Cancer Statistics –worldwide & India
  - Cancer Registries
  - National Cancer Control Programme.
  - Analysis of data in cancer registries.
  - Regional Cancer Centers
  - TCC-Tertiary Cancer Centres
  - Cancer Screening & Prevention.
  - National programme for prevention and control of Cancer, diabetes, Cardio-vascular diseases & stroke (NPCDCS)
- ✓ Patient Care
  - Assessment & referral systems for radiotherapy
  - Diagnosis & workup.
  - Staging
  - Care & evaluation during & after treatment
  - Emergencies in Oncology
  - Management of different malignancies
- ✓ Treatment Response & Result
  - Guidelines for treatment response assessment:
    - ❖ Complete Response (CR)
    - ❖ Partial Response (PR)
    - ❖ No Response (NR)
    - ❖ Stable disease (SD)
  - End points of treatment results: Loco-regional control, recurrence, metastasis, survival, quality of life.
  - Treatment related morbidity assessment
    - Radiation morbidity (early & late)
    - Morbidities of combined treatment
    - Grading Systems of toxicities.
    -

## 3. Clinical Chemotherapy

- ✓ Basic principles of chemotherapy
  - Chemotherapy drugs.
  - Newer chemotherapeutic agents.
  - Basis for designing different chemotherapy schedules.
  - Standard Chemotherapy schedules.
  - Chemotherapy practice in various malignancies
  - Chemotherapy practice & results/ toxicities in sequential &

- Concomitant chemo-radiotherapy.
  - Supportive care for chemotherapy.
  - Nano particle based chemotherapy,
  - Molecular targeted chemotherapy including monoclonal antibodies
- ✓ The basic principles underlying the use of chemotherapeutic agents.
1. Classification and mode of action of cytotoxic drugs. The principles of cell kill by chemotherapeutic agents, drug resistance, phase specific and cycle specific action.
  2. Drug administration. The general principles of pharmacokinetics; factors affecting drug concentration 'in vivo' including route and timing of administration, drug activation, plasma concentration, metabolism and clearance.
  3. Principles of combinations of therapy, dose response curves, adjuvant and neo-adjuvant chemotherapy, sanctuary sites, high dose chemotherapy, and regional chemotherapy.
  4. Toxicity of drugs. Early, intermediate and late genetic and somatic effects of common classes of anticancer drugs. Precautions in the safe handling of cytotoxic drugs.
  5. Endocrine manipulation and biological response modifiers. An understanding of the mode of action and side effects of common hormonal preparations used in cancer therapy (including corticosteroids). Use of the major biological response modifiers such as interferons, interleukins and growth factors and knowledge of their side effects.
  6. Assessment of New Agents. Principles of phase I, II, and III studies.
  7. Gene Therapy cancer vexing

### **Preventive oncology**

- Guidelines for palliative care
- Symptoms of advanced cancer
- Management of terminally ill patients.
- Different pharmacologic & non-pharmacologic methods
- Pain control, WHO guidelines for adults & children.
- Palliative radiotherapy, pelvic surgery
- Palliative chemotherapy
- Home care, Rehabilitation
- Hospice care
- Physical, social, spiritual & other aspects.

### **Teaching learning methods:**

#### **Research in Oncology**

How to conduct a research

Guidelines for biomedical research Animal studies, drug studies, human trial.

Cancer clinical trials Phase I/II, III  
Ethics of clinical research  
Evidence based medicine.

### **Academics**

Residency in Radiotherapy and Oncology  
Theory, clinical & practical modes of training  
Structured training: lectures, seminar, Journal club, Ward-round, Physics demonstration, Practical, Case Presentations (e.g. Long Case; Short Case)  
Participation in various procedures, techniques (e.g. Brachytherapy, Radiotherapy Planning, Mould Room Procedures etc.)  
CME-conference, symposium, workshop, seminar  
Visiting other cancer centers & radiotherapy departments

### **Interdisciplinary Training**

- Teaching classes in surgical oncology
- Teaching classes in obstetrics and gynaecology
- Teaching classes in otorhinology
- Teaching classes in surgical gastroenterology
- Teaching classes in radiodiagnosis
- Teaching classes in endocrine surgery
- Teaching classes in pathology

### **Assessment methods**

#### **Internal Assessment:**

1. Day to day 'working as a resident doctor in the hospital.
2. Log book
3. General attitude towards the patients.
4. Competence in using radiotherapy, chemotherapy and combined treatment modalities.
5. Grading done for clinical presentation, reviews, seminar, journal reading/presentation.

#### **Midterm assessment:**

At the end of two years in the subject of basic sciences  
Multiple choice questions of subject

#### **University Assessment:**

Theory syllabus: Paper I, Paper II, Paper III and Paper IV

  
17/6/21