KGMU SETS THE BALL ROLLING FOR INTERNATIONAL YOGA DAY

The yoga training program began in KGMU today. About 1200 persons representing faculty, MBBS and Nursing Students, Paramedical Students and Employees of Medical and Dental Faculty have enrolled themselves for the record setting mass yoga demonstration with honorable PM and CM. Prof. Divakar Dalela of Urology Department, as In-charge Yoga Cell, KGMU has conceived intensive yoga training for all the participants for next 18 days dividing them into various small groups. A batch of 100 MBBS students took training today from Dr. Rakesh Verma Ji, Assistant Professor, Dev Sanskriti Vishwavidyalaya, Haridwar. A group of ten yoga instructors were seen making corrections in the postures of students, who in turn thoroughly enjoyed the event. In the afternoon, a group of 100 nursing students and a group of 112 employees of Dental University received training in separate sessions. The very fact that honorable PM himself will be coming to Lucknow to do this program is filling everyone with excitement.

(Prof. Narsingh Verma)
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