

## CURRICULUM VITAE

- Name in full: **AMIT ARYA**
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- E mail Address: **amitarya.11kgmu@gmail.com**
- Date of Birth: 11 March 1981
- **EDUCATIONAL QUALIFICATIONS:**

Examination	Board/University	Year of Passing	Subjects
High School or equivalent	CBSE	1996	English, Hindi, Mathematics, Science, Social Science.
Intermediate or equivalent	Aligarh Muslim University, Aligarh, U.P; India.	1998	Physics, Chemistry, Biology, English, Modern History and Culture, Urdu.
MBBS	King George medical university, Lucknow, U.P; India.	2005	Anatomy, Physiology, Biochemistry, Pharmacology Pathology, Microbiology, Forensic Medicine, SPM, Ophthalmology, ENT, Medicine, Surgery, Pediatrics, Obs & Gynae.
M.D.	Chattrapati Shahuji Maharaj Medical University U.P; (KGMU) Lucknow, India.	2009	Psychiatry

### ➤ PROFESSIONAL EXPERIENCE:

Position/Title	Name and Location of Institution (City, State or Province and Country)	Dates (Start/Stop Dates as applicable)
Assistant Professor	Department of Psychiatry, King George's Medical University U.P., Lucknow	July 2012- Till date
Lecturer	Department of Psychiatry, C.S.M Medical University U.P(KGMU UP), Lucknow	April 2010-June 2012
Senior Resident	Department of Psychiatry, C.S.M Medical University U.P. (KGMU UP), Lucknow	July 2009- April 2010

### ➤ MEMBER OF PROFESSIONAL ORGANIZATIONS:

- 1) Indian Association of Social Psychiatry (Since 2009)
- 2) Indian Psychiatric Society (IPS) – LOM 103, A09-10 (Since 2010)
- 3) IPS Central Zone- NM089B (Since 2012)
- 4) Indian Association of Child and Adolescent Mental Health (IACAM)

➤ **PUBLICATIONS IN PROFESSIONAL JOURNALS: (Total- 15)**

➤ **Indexed Journals: 10**

▪ **From year 2013 to 2016:**

1. Tiwari, R., Agarwal, V., Arya, A., Gupta, P.K. An Exploratory Clinical Study of Disruptive Mood Dysregulation Disorder in Children and Adolescents from India. Accepted for publication. *Asian Journal of Psychiatry* (2016).
2. Tripathi A, **Arya A**, Garg K. Preventive Psychiatry in Children and Adolescents: current status and future. Accepted for publication in *Journal of Indian Association for Child and Adolescent Mental Health*. 2016; 12(1): 1-8.
3. Baliyan S, **Arya A**, Kar SK. Treatment resistant mania in Dandy Walker malformation with seizure disorder: A case report. *Journal of Pediatric Neurosciences*. 2015; 10 (4): 413-414.
4. **Arya A**, Agarwal V, Yadav S, Gupta PK, Agarwal M. A study of pathway of care in children and adolescents with Attention Deficit Hyperactivity Disorder. *Asian Journal of Psychiatry*. 2015; 17:10-15.
5. Mohapatra S, Agarwal V, Sitholey P, **Arya A**. A clinical study of Subsyndromal anxiety symptoms from a North Indian children and adolescents clinic. *Delhi Psychiatry Journal*. 2014; 17(1): 89-91.
6. Mohapatra S, Agarwal V, Sitholey P, **Arya A**. A clinical study of anxiety disorders in children and adolescents from North Indian children and adolescents clinic. *Asian Journal of Psychiatry*. 2014; 8: 84–88.
7. Tripathi A, Nischal A, Dalal PK, Agarwal V, Agarwal M, Trivedi J K, Gupta B, **Arya A**. Sociodemographic and clinical profile of homeless mentally ill inpatients in a north Indian medical university. *Asian Journal of Psychiatry*. 2013; 6(5): 404-409.
8. Baheti T, Nischal A, Nischal A, Khattri S, **Arya A**, Tripathi A, Pant KK. A study to evaluate the effect of celecoxib as add-on to olanzapine therapy in schizophrenia: original research as letter to editor in *Schizophrenia Research*. 2013; 147(1): 201-2.

▪ **From the year 2010 to 2012:**

9. Singh S, Chandra R, Misra A, **Arya A**, Samant P, Paul U, Meharotra H, Choudhary AZ. Etiology of occupational hazards in dentistry: A Review. *Journal of Ecophysiology and Occupational Health*. 2012; 12:43-49. (Journal is Indexed in EMBASE, SCOPUS and Geobase)
10. **Arya A**, Tripathi A, Singh H, Kumar P. Gender Identity Disorder with Co-morbid Depression: A Case Report. *Delhi Psychiatry Journal*. 2010; 13(1): 153-156. (Journal is Indexed in IndMED)

➤ **Non Indexed Journals: 05**

▪ **From the year 2013 to 2015:**

11. Kar SK, **Arya A**, Agarwal V. Social issues in Mental retardation: An Indian Perspective. *Indian Journal of Behavioural Sciences*. 2014; 24(1), 48-50
12. Nischal A, Nischal A, Agarwal M, Agarwal A, **Arya A**, Gupta B, Tripathi A. Relaxation Techniques: A Practical Approach for the Mental Health Professional. *Indian Journal of Behavioural Sciences*. 2013; 23(1):35-40.

▪ **From the year 2009 to 2012:**

13. Verma JK, **Arya A**, Nischal A, Tripathi A, Agarwal M. A Study of Axis II Co-morbidities in Patients of Bipolar I disorder. *Indian Journal of Behavioural Sciences*. 2012; 22(2):54-62.
14. Kar SK, **Arya A**, Dalal PK. A case report on Chronic Mania. *Indian Journal of Behavioral Sciences*. 2011; 21(2): 79-81.
15. **Arya A**, Trivedi JK, Pandey A, Dhyani M, Das V, Sinha PK. A Study of Psychiatric Morbidity in Couples Attending Infertility Clinic (Abstract). *Psychiatriki, Quarterly Journal of Hellenics Psychiatric Association*. 2009; 20(1): 63.

➤ **PRESENTATION MADE AT VARIOUS CONFERENCES, CME'S, WORKSHOPS, TRAINING PROGRAMS:**

▪ **From the year 2013 to 2015:**

1. **Symposium** on theme “**Schizophrenia: Public Health Perspectives**” International Conference on Public Health: Issues, challenges, opportunities, prevention, awareness (Public Health: 2016) held at New Delhi, India, from 15<sup>th</sup> to 16<sup>th</sup>, January 2016.
2. **Invited speaker** in workshop “**Enhancing partnerships between law enforcement, health and civil society organizations in the context of drug use and HIV**”, organized by UNODC (United Nations Office on Drug and Crime), UPSACS and NACO at Lucknow on 2<sup>nd</sup> December 2015.
3. **Symposium** on theme “**Adverse Childhood Experiences and Adult Health Outcome**” and I deliver my talk on “**Neurobiology of Adverse Childhood Experiences**” in International Conference on Child and Adolescent Mental Health held at Jakarta, Indonesia from 5<sup>th</sup> to 7<sup>th</sup> November, 2015.
4. **Conducted training session** on **Adolescent Mental Health in TOT for Counsellors** organized by Nation Health Mission under RKSK held at Lucknow from 26<sup>th</sup> September to 3<sup>rd</sup> October 2015.
5. **Invited speaker** for **National CME “Opioid Substitution Therapy: Policy and Practice”** organized by NDDTC, AIIMS, New Delhi to deliver my talk on “Experience of Opioid Substitution Therapy at a Government Institute” on 18<sup>th</sup> April 2015.
6. **Invited lecture** on **Psychiatric and Medical Comorbidities in Autism Spectrum Disorder** in CRE Program on Early Intervention of ASD at Composite Regional Centre, Mohaan Road, Lucknow from 12<sup>th</sup> to 15<sup>th</sup> March 2015.
7. **Symposium entitled “Adverse Childhood Experiences and Mental Health”** at ANCIPS 2015 held at Hyderabad, Telangana from 7<sup>th</sup> to 11<sup>th</sup> January 2015.

8. **Faculty Journal Club** on article “**Maternal use of Antidepressant or Anxiolytic in pregnancy and childhood neurodevelopment side effects: A systematic review**” at Selby Hall, KGMU, Lucknow on 31<sup>st</sup> December 2014.
9. **Conducted sessions** on various topics in second “**Induction training for Clinical Staff of IDU-TI on Harm reduction in IDU HIV**” at Department of Psychiatry, KGMU, Lucknow from 16<sup>th</sup> to 20<sup>th</sup> December 2014.
10. **Symposium** entitled “**HIV/AIDS in Injection Drug Users: A growing concern**” at International Conference on Youth, gender and HIV held at Amity University, Lucknow Campus in Collaboration with UP State AIDS Control Society (UPSACS) from 12<sup>th</sup> to 13<sup>th</sup> August 2014.
11. **Conducted sessions** on various topics in first “**Induction training of Clinical Staff of IDU-TI on Harm reduction in IDU HIV**” at Department of Psychiatry, KGMU, Lucknow from 21<sup>st</sup> to 25<sup>th</sup> July 2014.
12. **Research Project** paper entitled “**A Clinical Study of Phenomenology and Comorbidity of DMDD: A Prospective Follow Up**” at 11<sup>th</sup> international training seminar in child and adolescent psychiatry conducted by Foundation Child and SOPSI in Collaboration with World Psychiatric Association held at Camposampiero, Venice, Italy from 25<sup>th</sup> to 30<sup>th</sup> May 2014.
13. **Presented a paper** entitled “**Impact of Attention Deficit Hyperactivity Disorder on Family**” at 66<sup>th</sup> ANCIPS held at Pune, Maharashtra from 16<sup>th</sup> to 19<sup>th</sup> January 2014
14. **Symposium** entitled “**Rape: Psychological Impact and Psychosocial Issues in the Indian Context**” at 7<sup>th</sup> SAARC Federation held at Mysore, Karnataka from 29<sup>th</sup> to 30<sup>th</sup> November 2013.
15. **Presented a Poster** entitled “**A Study of Subsyndromal Anxiety Symptoms in Children and Adolescents**” at 7<sup>th</sup> Congress of Asian Society for Child and Adolescent Psychiatry and Allied Professional and 12<sup>th</sup> National Biennial Conference of Indian Association for Child and Adolescent Mental Health held at New Delhi from 25<sup>th</sup> to 28<sup>th</sup> September 2013.
16. **Presented a paper** in J.C Marfatia Award category entitled “**Pathway of Care in Attention Deficit hyperactivity Disorder**” at 7<sup>th</sup> Congress of Asian Society for Child and Adolescent Psychiatry and Allied Professional and 12<sup>th</sup> National Biennial Conference of Indian Association for Child and Adolescent Mental Health held at New Delhi from 25<sup>th</sup> to 28<sup>th</sup> September 2013.
17. **Symposium** on entitled “**Pediatric Bipolar Disorder: Controversies regarding diagnosis and management**” at 7<sup>th</sup> Congress of Asian Society for Child and Adolescent Psychiatry and Allied Professional and 12<sup>th</sup> National Biennial Conference of

Indian Association for Child and Adolescent Mental Health held at New Delhi from 25<sup>th</sup> to 28<sup>th</sup> September 2013.

18. **Conducted session on “Legal Issues and Medical Ethics related to HIV”** in Specialist Track in Training Programme for A.R.T. Specialist’s organized by NACO Regional Training Institute, Department of Medicine, K.G Medical University, Lucknow from 3<sup>rd</sup> to 6<sup>th</sup> April 2013.
19. **Conducted session on “Treatment Adherence Issues with ART in HIV”** in Specialist Track in Training Programme for A.R.T. Specialist’s organized by NACO Regional Training Institute, Department of Medicine, K.G Medical University, Lucknow from 25<sup>th</sup> to 28<sup>th</sup> April 2012.
20. **Presented a paper** entitled “**A clinical study of Anxiety symptoms in child and adolescent patients attending outpatient clinic in Northern Indian**” at the National Conference of Indian Association of Child and Adolescent Mental Health (IACAM) held at Bangalore from 17 to 19<sup>th</sup> November 2011.
21. **Presented a poster entitled “Gender Identity Disorder with Co-morbid Depression- A case report in 62<sup>st</sup> annual national conference of Indian Psychiatric Society (ANCIPS) 2010.**
22. **Presented a poster entitled “Emotional Problems in Gender Identity Disorder-an Indian Perspective” in 62<sup>st</sup> annual national conference of Indian Psychiatric Society (ANCIPS) 2010.**
23. **Presented a poster entitled “Social Issues in Patients of Mental Retardation”** in Silver Jubilee National Conference of Indian Association for Social Psychiatry held at Lucknow in November 2009.
24. **Oral paper “Management of Psychiatric Disorder in Elderly Medically Ill Patients” (co-author)** at First National Mid Term CME, Geriatric Mental health held at Department of Psychiatry, Institute of Medical Sciences, Banaras Hindu University, Banaras on 26<sup>th</sup> September 2009.
25. **Oral paper “A Clinical Study of Psychiatric Morbidity in Couples Attending Infertility Clinic”** in the 61<sup>st</sup> annual national conference of Indian Psychiatric Society (ANCIPS) held at Agra in January 2009.

➤ **CONFERENCES, WORKSHOPS AND COURSES ATTENDED:**

- **From the year 2013 to 2015:**

1. *Attended and successfully completed **Evidence Based Medicine workshop (EBM)** held at Kalam Center, King George's Medical University, U.P., Lucknow from 3<sup>rd</sup> to 7<sup>th</sup> December 2015.*
2. *Attended and successfully completed **American Heart Association (A.H.A) certified B.L.S course** held at HPS Seminar Room, Trauma Centre, King George's Medical University, Lucknow on 10<sup>th</sup> April 2015.*
3. **Workshop for enhancing partnerships between law enforcement, health and civil society organizations in the context of drug use and HIV**, organized by UNODC (United Nations Office on Drug and Crime), UPSACS and NACO at Lucknow on 2<sup>nd</sup> December 2015.
4. **13<sup>th</sup> National Biennial Conference of Indian Association for Child and Adolescent Mental Health** held at Pune, Maharashtra from 18<sup>th</sup> to 21<sup>th</sup> November, 2015.
5. **International Conference on Child and Adolescent Mental Health** held at Jakarta, Indonesia from 5<sup>th</sup> to 7<sup>th</sup> November, 2015.
6. **PSYCON 2015- Inter command CME on "Addiction- Behavioural Problems and Substance Use Disorders"** held at Command Hospital, Lucknow from 16<sup>th</sup> to 17<sup>th</sup> October 2015.
7. **National CME on Opioid Substitution Therapy: Policy and Practice** organized by NDDTC, AIIMS, New Delhi on 18<sup>th</sup> April 2015.
8. **National Training of Trainers under Rastriya Kishore Swasthya Karyakram** held at National Institute of Health and Family Welfare, Government of India, New Delhi from 30<sup>th</sup> March to 3<sup>rd</sup> April 2015.
9. **Workshops on Somatoform Disorder, medically unexplained symptoms and chronic pain management** at 44<sup>th</sup> Foundation Day function of Department of Psychiatry, KGMU, Lucknow from 19<sup>th</sup> to 21<sup>st</sup> March 2015.
10. **Annual National Conference of Indian Psychiatry Society (ANCIPS 2015)** held at Hyderabad, Telangana from 7<sup>th</sup> to 11<sup>th</sup> January 2015.
11. **Annual National Conference of Indian Psychiatric Society- Central Zone (CIPCON 2014)** held at Indore, M.P, from 17<sup>th</sup> to 28<sup>th</sup> October 2014.
12. **International Conference on Youth, gender and HIV** held at Amity University, Lucknow Campus in Collaboration with UP State AIDS Control Society (UPSACS) from 12<sup>th</sup> to 13<sup>th</sup> August 2014.
13. **National Mid Term CME of Indian Psychiatric Society** held at Agra from 2<sup>nd</sup> to 4<sup>th</sup> August 2014.
14. **National Training of Trainers: Opioid Substitution Therapy** under The Global Fund Round-9 India HIV-IDU Grant, Conducted by Emmanuel Hospital Association in

Collaboration of NDDTC, AIIMS, New Delhi, held at New Delhi, from 9<sup>th</sup> to 13<sup>th</sup> June 2014.

15. **International training seminar in child and adolescent psychiatry: A Research Training Course for Junior Investigators in Psychiatry and Child Psychiatry** conducted by Foundation Child and SOPSI in Collaboration with World Psychiatric Association held at Camposampiero, Venice, Italy from 25<sup>th</sup> to 30<sup>th</sup> May 2014.
  16. **National Learning and Sharing Workshop on Harm Reduction in IDU HIV** conducted by EHA, New Delhi in collaboration with NACO held at Gangtok, Sikkim from 19<sup>th</sup> -20<sup>th</sup> March 2014.
  17. **Annual National Conference of Indian Psychiatry Society (ANCIPS 2014)** held at Pune, Maharastra from 16<sup>th</sup> to 19<sup>th</sup> January 2014.
  18. **7<sup>th</sup> SAARC Federation** held at Mysore, Karnataka from 29<sup>th</sup> to 30<sup>th</sup> November 2013.
  19. **Annual National Conference of Indian Psychiatric Society- Central Zone (CIPCON 2013)** held at Lucknow from 19<sup>th</sup> to 20<sup>th</sup> October 2013.
  20. **7<sup>th</sup> Congress of Asian Society for Child and Adolescent Psychiatry and Allied Professional** held at New Delhi from 25<sup>th</sup> to 28<sup>th</sup> September 2013.
  21. **12<sup>th</sup> National Biennial Conference of Indian Association for Child and Adolescent Mental Health** held at New Delhi from 25<sup>th</sup> to 28<sup>th</sup> September 2013.
  22. **Shaping Young Mind Programme** conducted by All Indian management Association, Lucknow Management Association held at Scientific Convention Center, KGMU Lucknow on 30<sup>th</sup> August 2013.
  23. **Training workshop on Quality Assurance for OST Experts** under National AIDS Control Organization (NACO) conducted by NDDTC, AIIMS, New Delhi under from 12<sup>th</sup> to 14<sup>th</sup> August 2013.
  24. **Induction Training for Opioid Substitution Therapy** under National AIDS Control Organization (NACO) conducted by NDDTC, AIIMS, New Delhi under from 23<sup>rd</sup> to 27<sup>th</sup> April, 2013.
  25. **Workshop on Neuropsychology** conducted by Prof C.R Mukundan from NIMHANS, Banglore at Department of Psychiatry, KGMU, UP, Lucknow 11<sup>th</sup> to 12<sup>th</sup> March, 2013.
  26. **Workshop on Family Therapy** conducted by Prof. Mathew Varghese from NIMHANS, Banglore at Department of Psychiatry, KGMU, UP, Lucknow in February 2013.
- **From year 2006 to 2012:**

27. **5<sup>th</sup> Workshop on Cognitive Behaviour Therapy** conducted by Dr. A. K. Gupta at Department of Psychiatry, K.G. Medical University U.P, Lucknow from 20<sup>th</sup> to 21<sup>st</sup> December 2012.
28. **Annual National Conference of Indian Psychiatric Society- Central Zone (CIPCON 2012)** held at Agra in October 2012.
29. **Workshop on 'ECT and Yoga'** conducted by Prof. B. N. Gangadhar at Department of Psychiatry, K.G. Medical University U.P, Lucknow from 27<sup>th</sup> to 28<sup>th</sup> March 2012.
30. **CME and Scientific Program in Centenary Year Celebration and Internation Georgian Meet** held at K.G. Medical University U.P., Lucknow from 22<sup>nd</sup> to 24<sup>th</sup> December 2011.
31. **4<sup>th</sup> workshop on CBT** Conducted by Dr. A. K. Gupta at Department of Psychiatry, C. S. M Medical University U.P, Lucknow from 20<sup>th</sup> to 21<sup>st</sup> December 2011.
32. **CME Indian Psychiatric Society Task Force** for Community Psychiatry and Child & Adolescent Psychiatry conducted by Indian Psychiatric Society at C. S. M Medical University U.P, Lucknow on 11<sup>th</sup> December 2011.
33. **11<sup>th</sup> National Biennial conference of Indian Association of Child and Adolescent Mental Health** held at Banguluru from 17<sup>th</sup> -19<sup>th</sup> November 2011.
34. **Training of Master Trainers** and orientation programme organized by NACO at PGIMER, Chandigarh from 31<sup>st</sup> October to 3<sup>rd</sup> November 2011.
35. **Annual National Conference of Indian Psychiatric Society- Central Zone (CIPCON 2011)** held at Kanpur from 14<sup>th</sup> to 15<sup>th</sup> October 2011.
36. **Workshop on Research in Schizophrenia and Psychosocial management of patients with Schizophrenia** conducted by Prof.P. Kulhara at Department of Psychiatry, K.G. Medical University U.P, Lucknow in March 2011.
37. **Workshop** of Center of Excellence for Relapse Prevention in Schizophrenia conducted by Behavioral and Neuroscience Academy of India held at New Delhi on 23<sup>rd</sup> November 2010.
38. **Workshop on CBT and Non Pharmacological Management in Psychiatry** conducted by Indian Psychiatric Society at Department of Psychiatry, K.G. Medical University U.P, Lucknow on 13<sup>th</sup> November 2010.
39. **3<sup>rd</sup> workshop on CBT** Conducted by Dr. A. K. Gupta at Department of Psychiatry, C. S. M Medical University U.P, Lucknow from 10<sup>th</sup> to 13<sup>th</sup> March 2010.
40. **Workshop on "Clinical and Practical issues in Psychosocial Rehabilitation of patients with Schizophrenia"** conducted by Prof. R. Thara at KGMU, Lucknow in March 2010.



41. **62<sup>nd</sup> Annual National conference of Indian Psychiatric Society (ANCIPS'2010)** held in January 2010 at Jaipur.
42. **Zonal winner in the Zonal Round of Torrent Young Scholar Award Programme 2009-10** held in November 2009 at Calcutta.
43. **Silver Jubilee National Conference Of The Indian Association For Social Psychiatry** held in November 2009 at Lucknow.
44. **Annual Conference Of Indian Psychiatric Society Central Zone(CIPCON- 2009)** held in October 2009 at Orchha.
45. **61<sup>st</sup> Annual National conference of Indian Psychiatric Society (ANCIPS'2009)** held in January 2009 at Agra.
46. **3<sup>rd</sup> International conference on Schizophrenia (SCARF)** held at Chennai in October 2008.
47. **2<sup>nd</sup> workshop on CBT** Conducted by Dr. A. K. Gupta at Department of Psychiatry, C. S. M Medical University U.P, Lucknow in March 2008.
48. **9<sup>th</sup> Biennial Conference of the Indian Association of Child and Adolescent Mental Health** held in November 2007 at Mumbai.
49. **1<sup>st</sup> workshop on CBT** Conducted by Dr. A. K. Gupta at Department of Psychiatry, C. S. M Medical University U.P, Lucknow in the month of April 2007.
50. **Symposium on bioethics** conducted by ICMR, New Delhi and KGMU, Lucknow held in September, 2006 at King George's Medical University, Lucknow.
51. **National Mid-term CME** of Indian Psychiatric Society on "Psychiatry and Medicine: Common Patients, Different Perspectives" held on 2<sup>nd</sup> and 3<sup>rd</sup> of September, 2006 at Lucknow.
52. **Post Graduate Development Programme-2006 (North India)** on "Holistic Psychiatry" held at Varanasi in June 2006.

➤ **M.D. THESIS GUIDED:**

1. A study of Pathway of care in ADHD and impact of ADHD and its co morbidities on patient and family.
2. A study to evaluate the effect of celecoxib as add-on to olanzapine therapy in schizophrenia.
3. A study of burden of care on the caregivers of Children and Adolescent with Mental Retardation.
4. A clinical study of Disruptive Mood Dysregulation Disorder among children and adolescent attending Child Psychiatry OPD.

5. A clinical study of psychiatric comorbidity among opioid dependent Injecting Drug users.
6. A clinical study of Impairment in Executive Functioning among children and adolescents with ADHD.
7. A study of Burden of Care among key relatives of children and adolescent with Autism Spectrum Disorder.
8. A study of mood dysregulation in children and adolescents with ADHD
9. A study of phenomenology of aggression in children and adolescent with Autism Spectrum Disorder.

➤ **M.PHIL DISSERTATION GUIDED**

1. A study of application of Vineland Adaptive Behavior Scale- Second Edition in children and adolescent with Mental Retardation.
2. A study of the Executive Functioning and Temperament in Children and Adolescent with Oppositional Defiant Disorder
3. A study of Personality traits and coping strategies in the patients of Alcohol Dependence.
4. A cross sectional study of behavioral and psychiatric problems in children recently diagnosed with cancer
5. A cross sectional study of parenting style, attachment, temperament and perceived stress in adolescent with dissociative disorder.

➤ **RESEARCH PROJECTS:**

1. Multi-model Neuroimaging (Functional MRI) study in childhood psychiatric disorders- Learning Disorder (LD), Autism Spectrum Disorders (ASD) and Attention Deficit Hyperactive Disorder (ADHD) in Collaboration with Centre for Biomedical research (CBMR), SGPGI, Lucknow.
2. A Long term follow up study of Childhood Bipolar Disorder submitted in ICMR for approval.
3. Intramural Project entitled “One year follow up study of Disruptive Mood Dysregulation disorder among Children and Adolescent” approved by Research Cell, KGMU, Lucknow.
4. Project entitled “FMR1 gene mediated genotype and phenotype variation in POF & developmental delay patients” in Collaboration with CSIR, SGPGI, Lucknow.

➤ **CLINICAL RESEARCH**

<b>Indication of Trial</b>	<b>Clinical Phase of Trial (I-IV)</b>	<b>Role in Trial (e.g. Investigator, Sub-Investigator)</b>	<b>Year in which trial was conducted</b>
Major Depressive Disorder	Phase III	Co-Investigator	2009
Schizophrenia	Phase III	Co-Investigator	2010
Major Depressive Disorder	Phase III	Co-Investigator	2010
Schizoaffective Disorder	Phase II	Co-Investigator	2011

Adolescent Schizophrenia	Phase III	Co-Investigator	2010
Schizophrenia	Phase III	Principal Investigator	2012
Pain in Fibromyalgia	Phase III	Co-investigator	ongoing

➤ **AWARDS/FELLOWSHIPS:**

- **Torrent Young Scholar Award.** Zonal winner in Torrent Young Scholar Programme 2009-10 held at Calcutta.
- **Intramural Faculty Fellowship** Proposal approved by KGMU, Lucknow in November 2014.

➤ **POSITIONS HELD IN THE DEPARTMENT AND UNIVERSITY:**

- **University Representative-I** for CPMT 2013, 2014.
- **Tabulator** for the BDS Final Professional Examinations.
- **Assistant nodal officer** of Opioid Substitution Therapy (**OST**) Centre funded and supported by UPSACS and NACO at department of Psychiatry, KGMU.
- **OST Expert** for Quality Assurance of OST services, NACO, New Delhi.
- **Training incharge**, Regional Technical Training Centre (**RTTC**), KGMU, Lucknow for Training of doctors and Nurses working under OST programme in Northern India.
- **Nursing Course Coordinator for Psychiatric Nursing** Teaching/ Training.
- **In-charge**, new male ward, Department of Psychiatry, KGMU, Lucknow.
- **In-charge**, ECT lab and store, Department of Psychiatry, KGMU, Lucknow.
- **Coordinate** purchase of various equipment's in the department.
- **Nominated member** for the psychiatric counselling team for Rajbhavan staff in regards to substance of abuse.
- **Member** of Multidisciplinary Team called "People's awakening against Harassment and Assault in Lucknow" (**PAHAL**) working with Lucknow Police to help children and adolescents suffered from rape, sexual assault and trafficking.
- Other duties assigned by the department and university.

➤ **REVIEWER OF JOURNALS:**

- Journal of Indian Association of Child and Adolescent Mental health.
- European Journal of Psychiatry.

➤ **EXTRACURRICULAR ACTIVITIES:**

- Participated and won 1 gold, 1 silver and 2 bronze medals in different sport events held during 96<sup>th</sup> annual sports events held at KGMU, Lucknow from 3<sup>rd</sup> to 4<sup>th</sup> December 2015.

I hereby declare that the information provided by me is true and correct to the best of my knowledge and belief.